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(613-893-0753)

Parish Council

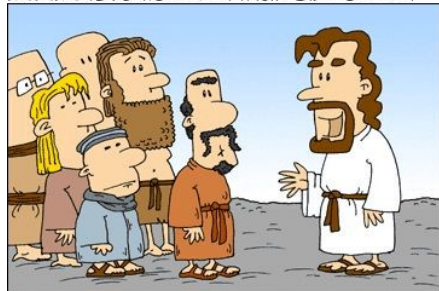
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09-09-2004

THE WINNER OF "THE DISCIPLE" WILL GET TO GIVE UP ALL EARTHLY POSSESSIONS AND FOLLOW ME THROUGH ALL LEVELS OF HARDSHIPS

Claiming God's Promises

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our afflictions..."

(2 Corinthians 1:3-4a)



ANGLICAN CHURCH
IN NORTH AMERICA



Anglican Network
in Canada



The 3rd Sunday after Epiphany
Sunday, January 21, 2018
10:00 AM



"GOD WON'T GIVE YOU MORE THAN YOU CAN HANDLE"

READING
2 CORINTHIANS 1:3-11

"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water.'"
(John 7:37-38)

Collect of the Day

Almighty God, by your grace alone you call us
and accept us in your service.
Strengthen us by your Spirit,
and make us worthy of your call;
through Jesus Christ, our Lord. Amen.



Ministering @ Living Waters Today

Greeters: Shirley Underhill & Ann Edwards

Reader: Rachael Souch

Prayers of the People: Barb Lutz

Chalice Bearers: Derek Waddingham & Wayne Catel

Computer: Ross Underhill

Prayer Team: Tucker & Anke Carrington

Kidz Zone: Gracie Doering & Katie Dove

Teen Café: Jerry Zabel

Fellowship: Gail Sulpher & Shirley Underhill

Counters: Barb Lutz & Yolande Chan

Set Up: Derek Waddingham & Ross Underhill

KIDZ ZONE & Teen Cafe

All children from K to Gr. 12 are welcome to join Kidz Zone or Teen Cafe-- our Sunday morning children and youth program. Young people and crew are dismissed after the reading and return at Communion. Our K-7 class will be following the **Jesus Story Book Bible** curriculum and our teens will be studying the **Sermon on the Mount**. For more information about children and youth ministry at LWF - or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth, and leaders in your prayers.

ANNOUNCEMENTS

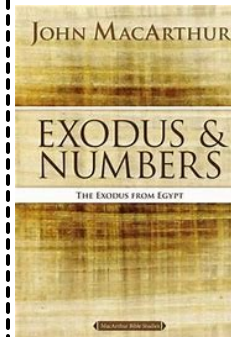
Living Waters Community Sharing

Thank you to everyone who brought in warm socks during the month of November. For the month of

January, we will be collecting **HATS, MITTS, GLOVES, & SCARVES** for men, women and children. Please bring **new** items to church and place them in the basket at the Welcome Table. For more information, speak to Barb Lutz or the Rector.



Exodus & Numbers Bible Study



Although the descendants of Jacob moved to Egypt as honoured guests, in time they became despised slaves, groaning under the mistreatment of Pharaoh. In response to His people's cries, God called Moses to lead the Israelites out of Egypt into Canaan, but their journey took a dramatic 40-year detour when they failed to trust God. This study will be an in-depth look at the historical period beginning with God's calling of Moses, continuing through the giving of the Ten Commandments, and concluding with the Israelites' preparations to enter the Promised Land. This study includes close-up examinations of Moses, Aaron, Caleb, Joshua, and Balaam and Balak, as well as consideration of doctrinal themes such as "Complaints and rebellion" and "Following God's Law."

Join us **Fridays from 10:00 AM - 11:30 AM** at the Kingston House of Prayer (447 Division St.) For more information, speak to the Rector.

ANNOUNCEMENTS

Life Groups at Living Waters



Small groups were an integral part of the Early Church's structure. The Book of Acts tells us that when the church was first established there were no buildings--people met in the temple and synagogues for their corporate gatherings on the Lord's Day and in homes throughout the week. These groups were small enough to allow individual members to minister to one another, discover and use their spiritual gifts, and be disciplined in the teachings of Jesus.

Life Groups at *Living Waters* are small groups that provide an opportunity for connection, community, and spiritual transformation. There is a place for everyone--from the first steps of finding out more about faith to the deeper questions of life. There are no prerequisites and everyone is welcome and encouraged to join a group. Currently there are 9 Life Groups meeting at Living Waters and more will be starting in the coming months.

Prayer Group ~ Tuesday Morning ~ Shirley Underhill
Mixed Group ~ Tuesday Night ~ M.J. Dove
Young Adult Women ~ Tuesday Night ~ Allison Insley
Young Adult Men ~ Wednesday Night ~ Kyle Joudry
Teen Huddle ~ Wednesday Night ~ Gracie Doering
Mixed Group ~ Thursday Night ~ Wayne Catel
Men's Bible Study ~ Friday Morning ~ Jerry Zabel
Mixed Group ~ Friday Morning ~ Chris Doering
Flow Prayer Group ~ Friday afternoon ~ Chris Doering
Mixed Group ~ Saturday afternoons (1/mnth) ~ Tucker Carrington

If you are interested in joining a group please get a brochure at the Welcome Table or speak to the Rector. Getting involved in a Life Group may be one of the most important things you do in 2018!



For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

The World: Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For Israel, Palestine, Iraq, Afghanistan, Syria, and parts of Africa.
- For the vulnerable: for women, children, those lost in the sex-trade, refugees, prisoners, and captives.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, and parts of Africa.
- For our Province (ACNA) and Primate: for Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); Missionary Bishop, Andy Lines (Mandy); retired bishop Don Harvey (& Trudy).
- For ANiC congregations in **the Fraser Valley & Interior of B.C.:** for Church of the Holy Cross, Abbotsford; for the Rev. Barclay Mayo; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of: Juliet Cavadias, Hugh Chan, Michael & Yolande Chan, Dave & Carrie Cirtwill, Debbie Couturier.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for the Christian Embassy in Ottawa ministering to M.P's, diplomats, and professionals.
- **Our Country, Province, and City:** for all those in authority--that they would lead with righteousness and truth.
- Pray for Prime Minister Justin Trudeau; Premier Kathleen Wynne; and Mayor Bryan Paterson.

The Sick and Suffering: Pray for all those who cry out for healing in body mind or spirit.

- Pray for those in our parish: Harry, Barb, Juliet, Barbara.
- Pray for our family & friends: Larry, Carolyn, Lowell, Brenda, John, Brian, Lisa, Lise, Rick, Mary-Frances, Phyllis, Michel, Shirley.



ANNOUNCEMENTS

Shrove Tuesday Pancake Supper

Shrove Tuesday, the eve of Lent, is also known as “Fat Tuesday,” “Mardi Gras’ or ‘Carnival,’ and stems from the Old English verb “to shrive”—to have one’s sins forgiven. Traditionally, on the day before Lent, one used up all the fat in their house that could not be eaten during the Lenten fast. Since pancakes are a standard way of using up fat, this day is also known as “Pancake Tuesday.”

Living Waters is Hosting a pancake supper in the dining room at the Senior’s Centre on **Tuesday, February 13 from 5:30 –7:00 PM**. Tickets are available from Gail Sulpher ~ **\$10/adult and \$5/child**.

Please join us for this evening of food and fellowship—and bring a friend!.



The Flow: Prayer Gathering



Prayer played an important role in the establishment of *Living Waters*, and prayer continues to be the most important thing we can do if we want to grow into the church that God has called us to be. As Jesus says in John 15:5; “Apart from me you can do nothing.”

Join us at the **Kingston House of Prayer** on **Friday** afternoons from **2:00 PM to 3:00 PM**, for an informal time of prayer for our church, dioceses, city, and world, as we press into God and discern His will for us. Personal prayer will also be available for those who wish to receive. For more information, please speak to Chris or Kathy Doering.

ANNOUNCEMENTS

Soup & Spirituality



Our Soup & Spirituality group, which ministers to clients of Frontenac Community Mental Health Services, resumes Friday, January 12. If you are able to make a pot of homemade soup, chilli, or stew for 12 people, please add your name to the sign up sheet or speak to Kathleen Young. Thank you to everyone who provided wonderful tasting soups this past fall. This is a very important outreach into the Kingston community and your support is very much appreciated. For more information about Soup & Spirituality, please speak to the Rector.

Faith Explored: Adult Sunday School

The Next session of *Faith Explored* will be held before church on **Sunday, February 11 at 9:00 AM**.

Tucker Carrington will be speaking on the Topic “**Lies We Believe That Hold Us Back.**”

Tucker writes; “We all tell ourselves lies that damage or hinder our relationship with God. To overcome our tendency to deceive ourselves, it is useful to identify and examine our lies.”

For more information, please speak to Tucker Carrington or the Rector.

