The Rev. Christopher R. Doering Lead Pastor & Rector (613-546-7721) crd3@live.ca

The Rev. Derek Waddingham Vocational Deacon (613-888-1700) drgww@cogeco.ca

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Kathy Doering, Associate Pastor (613-546-7721) kathydoering21@gmail.com

Parish Council Executive

Yolande Chan , Rector's Warden (613-545-3528) Ross Underhill, People's Warden (613-549-2908) John Telgmann, Treasurer (613-531-5156) Kathleen Young, Vestry Clerk (613-893-0753)

Parish Council

Deborah Brown (613-328-9959) Kathy Doering (613-546-7721) Judy Donevan (613-384-6494) M.J. Dove (613-389-2181) Ann Edwards (613-344-1758) Derek Waddingham (613-888-1700) Jennifer Walcott

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THE BACK PAGE

Claiming God's Promises

"Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and heal their land."

(2 Chronicles 7:14)

A Word of Encouragement

"The story of every great Christian achievement is the history of answered prayer."

- E. M. Bounds



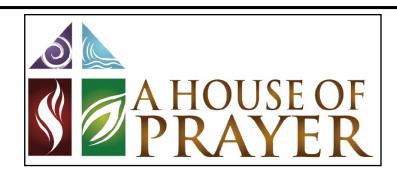




The 5th Sunday in Lent Sunday, March 18, 2018 10:00 AM







"THE PRINCIPLES OF PRAYER"

READING
JAMES 4:1-10

"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water." (John 7:37-38)

Collect of the Day

Most merciful God,
by the death and resurrection
of your Son Jesus Christ,
you created humanity anew.
May the power of his victorious cross
transform those who turn in faith to him;
through Jesus Christ our Lord. Amen.



Ministering @ Living Waters Today

Greeters: Ferne Vopni & Jenny Fern

Reader: John Telgmann

Prayers of the People: Shirley Underhill

Chalice Bearers: Derek Waddingham & Yolande Chan

Computer: Ross Underhill

Prayer Team: Tucker & Anke Carrington **Kidz Zone:** Gracie Doering & Katie Dove

Teen Café: M.J. Dove

Fellowship: Shirley Underhill, Adrian Joudry & Margo Hyde

Counters: Scott Young & Gail Sulpher **Set Up:** Kyle Joudry & Ross Underhill

KIDZ ZONE & Teen Cafe

All children from K to Gr. 12 are welcome to join Kidz Zone or Teen Cafeour Sunday morning children and youth program. Young people and crew are dismissed after the reading and return at Communion. Our K-7 class will be following the **Jesus Story Book Bible** curriculum and our teens will

be studying the Sermon on the Mount. For more

information about children and youth ministry at LWAF - or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth, and leaders in your prayers.

ANNOUNCEMENTS



Everyday Questions DVD Study

"Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect, keeping a clear conscience..."

(1 Peter 3:15-16)

Your child's science teacher has convinced them God isn't real. Your close friend was diagnosed with termi-

nal cancer. Your uncle makes fun of your faith. Your neighbour seems uncomfortable when she learned you were a Christian. Life's biggest questions are being asked all around you. Are you hearing the questions? Are you ready for the conversation?

We were created to know God, and all of life is best understood in light of that truth. *Everyday Questions, Ravi Zacharias International Ministries'* Conversational Apologetics Curriculum, will address how we can learn to discuss God with the people around us in a mature, thoughtful, and relevant manner by recognizing the questions they are asking and being prepared to respond.

Sessions cover four basic worldview topics:

Origin: Where did I come from?

Meaning: Why do I have significance?

Morality: How do I differentiate right from wrong?

Destiny: What happens after death?

A worldview is like a pair of glasses: it's the basic set of assumptions that shape how we see the world around us. A deep understanding of these 4 issues will prepare us to better discuss significant matters with others. By the end of this study, we hope you feel excited by the opportunity to have meaningful conversations about what matters most in life!

Join us **Thursday evenings from 7:00 PM - 9:00 PM** at the Doering's ~ 726 Chatsworth Place

ANNOUNCEMENTS



Lord, Teach Us to Pray: Meditations on the Lord's Prayer

Lenten Speaker Series

Jesus gave us the Lord's Prayer in response to the disciples' request, "Lord, teach us to pray?" There is something

extremely significant about the way Jesus answered their question. Many people understand the Lord's Prayer to be a prayer that we are supposed to recite word for word. Others treat it like a 'magic formula,' as if the words themselves have some special power or influence with God. However, the Bible teaches the opposite. God is far more interested in our hearts when we pray than He is with our words. Although it plays a central role in liturgical worship, the Lord's Prayer wasn't given to just be recited as ritual. It was given as an example to show the disciples how to pray—as an outline for prayer that is acceptable to God.

This 6-week speakers series, lead by members of the congregation, will examine and reflect on each petition in the Lord's Prayer, and what it says to us about prayer. It's my hope that the insights gained from this series will transform our prayer lives as we pray with new confidence and effectiveness.

Join us Sunday mornings from 9:00 AM - 10:00 AM.

UPCOMING SESSION

Palm Sunday - Sunday, March 25 Yolande Chan ~ "For thine is the kingdom..."



Soup & Spirituality

The sign-up sheet for Soup Group until the end of June is now at the Welcome Table Please sign up to provide a pot of homemade soup, chilli, or stew for 12 people, Thank you to everyone who provided won-

derful tasting soups alreadyl. This is a very important outreach into the Kingston community and your support is very much appreciated. For more information about Soup & Spirituality, please speak to the Rector.



For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

The World: Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For Israel, Iraq, Afghanistan, Syria, Honduras, and parts of Africa.
- For the vulnerable: for women, children, those lost in the sex-trade, refugees, prisoners, and captives.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, and parts of Africa.
- For our Province (ACNA) and Primate, Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); Missionary Bishop, Andy Lines (Mandy); retired Bishop Don Harvey (& Trudy).
- For ANiC congregations in **Vancouver**, **B.C.**: for St. Andrews, Delta; the Rev. Danielle Martell; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of: Scott & Kathleen Young, Jerry Zabel & Narjis Phillips, Karen Zabel & Brett Christopher, Ron & Pauline Bettney, Earle Briard.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for the Christian Embassy in Ottawa working with MP's, diplomats, and professionals.

Our Country, Province, and City: for all those in authority--that they would lead with righteousness and truth. Pray for Prime Minister Justin Trudeau; Premier Kathleen Wynne; and Mayor Bryan Paterson.

The Sick and Suffering: Pray for all those who cry out for healing in body mind or spirit.

- Pray for those in our parish: Harry, Juliet, Ann, Barbara, Elaine, David, Judy, Ken, and Bishop Trevor.
- Pray for our family & friends: Larry, Carolyn, Lowell, Brenda, John, Brian, Lisa, Lise, Rick, Mary-Frances, Phyllis, Michel, Shirley, Nicole.



This Week @ Living Waters

Monday, March 19, 2018

7:00 PM—Executive Meeting @ John Telgmann's

Tuesday, March 20, 2018

 $9:30\,\Delta M$ - Prayer Croup @ Shirley Underhill's

7:00 PM - Young Adult Women's Croup @ The Doering's

7:00 PM - Women's Life Croup @ the Walcott's

7:00 PM - Mixed Life Croup @ The Dove's

Wednesday, March 21,2018

7:00 PM - Mixed Life Croup @ the Underhill's

7:00 PM - Young Adult Men's Croup @ The Doering's

Thursday, March 22, 2018

7.00 PM - "Everyday Questions" DVD Study @ The Doering's

Iriday, March 23 2018

7:00 AM - Men's Life Croup @ KLIOP

10:00 AM - Walking Thru the Pible @ KHOP

12:00 PM - Soup & Spirituality @ KHOP

1:30 PM - - The Flow Prayer Cathering

Saturday, March 24, 2018

10:00 AM - Palm Cross Folding @ KHOP (447 Division St.)



MADAGASCAR MISSION

Living Waters supports two schools in Madagascar: Akany Tafita, a school serving children in the slums of the capital city and Akany Famonjena, an orphanage. We have been asked to pray for the staff and children in both of these schools and especially to pray for: Tsiaro, a graduate now studying theology; Naina, a graduate at university who is having stomach issues; Armand, their driver and staff helper, who has heart issues and needs medication and for wisdom in buying a desperately needed new truck for the orphanage. They give thanks that they have received funds for the truck.

ANNOUNCEMENTS

Choir Practice

Living Harmony, our Choral group, will be singing on Palm Sunday, Good Friday, and Easter Sunday. Rehearsals will be held Sunday mornings after coffee hour from 12:00 to 12:30 PM All those who like to sing are welcome to join! For more information, speak to Jennifer Walcott or Kathy Doering.



Palm Cross Folding

The cross of Jesus is the centre of our faith—in it all the promises of God find their fulfilment; and by it, we are given eternal life. Every year, palm crosses are distributed on Palm Sunday as a reminder of what was accomplished for us through Jesus' death on the cross. Join us as we fold our own crosses from palm fronds. This can be a very spiritual experience, as we reflect on Jesus' journey to Jerusalem and His sacrificial death on our behalf. Join us next Saturday, March 24 from 10:00 AM - 11:30 AM at KHOP(447 Division St.) Refreshments will be provided.



Loonies for Lent

Almsgiving is a common practice during Lent. Moved by the sacrifice of Jesus, many Christians respond to the needs around them by intentionally giving their time, talent, and treasures to others. Film canisters will be available at the Welcome Tableplease take them home and fill them with your loonies (or toonies or bills!) And return them Easter Sunday.

All donations will go to the newly established GRACE FUND to be used by the Rector to help people in need.

