

Life Groups at *Living Waters*



Life Groups are small groups that provide an opportunity for connection, community, and spiritual transformation. There is a place for everyone—from the first steps of finding out more about faith to the deeper questions of life. There are no prerequisites and everyone is welcome and encouraged to join a group. Currently there are 10 **Life Groups** meeting at *Living Waters* and more will be starting in the coming months.

Mixed Group ~ Tuesday Night ~ M.J. Dove
Young Adult Women ~ Tuesday Night ~ Allison Insley
Young Adult Men ~ Wednesday Night ~ Kyle Joudry
Women's Group ~ Wednesday Night ~ Jennifer Walcott
Teen Huddle ~ Wednesday Night ~ Gracie Doering
Mixed Group ~ Wednesday Night ~ Ross & Shirley Underhill
Men's Bible Study ~ Friday Morning ~ Jerry Zabel
Mixed Group (*Jesus in Every Book*) ~ Friday Morning ~ Chris Doering
Flow Prayer Group ~ Friday afternoon ~ Chris Doering
Mixed Group ~ 1 Saturday afternoon/month ~ Tucker & Anke Carrington

Life Groups will be starting up in the next few weeks. If you are interested in joining a group please get a brochure at the Welcome Table or speak to the Rector. **Getting involved in a Life Group may be one of the most important things you do this Fall!**

Life Groups at *Living Waters*



Life Groups are small groups that provide an opportunity for connection, community, and spiritual transformation. There is a place for everyone—from the first steps of finding out more about faith to the deeper questions of life. There are no prerequisites and everyone is welcome and encouraged to join a group. Currently there are 10 **Life Groups** meeting at *Living Waters* and more will be starting in the coming months.

Mixed Group ~ Tuesday Night ~ M.J. Dove
Young Adult Women ~ Tuesday Night ~ Allison Insley
Young Adult Men ~ Wednesday Night ~ Kyle Joudry
Women's Group ~ Wednesday Night ~ Jennifer Walcott
Teen Huddle ~ Wednesday Night ~ Gracie Doering
Mixed Group ~ Wednesday Night ~ Ross & Shirley Underhill
Men's Bible Study ~ Friday Morning ~ Jerry Zabel
Mixed Group (*Jesus in Every Book*) ~ Friday Morning ~ Chris Doering
Flow Prayer Group ~ Friday afternoon ~ Chris Doering
Mixed Group ~ 1 Saturday afternoon/month ~ Tucker & Anke Carrington

Life Groups will be starting up in the next few weeks. If you are interested in joining a group please get a brochure at the Welcome Table or speak to the Rector. **Getting involved in a Life Group may be one of the most important things you do this Fall!**

Soup & Spirituality



Our Soup & Spirituality group, which ministers to clients of Frontenac Community Mental Health Services, meets Friday's from 11:30 AM- 1:30 PM at the Kingston House of Prayer. If you are able to make a pot of homemade soup, chilli, or stew for 12 people, please add your name to the sign up sheet at the Welcome Table. This is a very important outreach to the Kingston community and your support is very much appreciated. For more information about Soup & Spirituality, please speak to the Rector.

Soup & Spirituality



Our Soup & Spirituality group, which ministers to clients of Frontenac Community Mental Health Services, meets Friday's from 11:30 AM- 1:30 PM at the Kingston House of Prayer. If you are able to make a pot of homemade soup, chilli, or stew for 12 people, please add your name to the sign up sheet at the Welcome Table. This is a very important outreach to the Kingston community and your support is very much appreciated. For more information about Soup & Spirituality, please speak to the Rector.



Calling all Crafters & Bakers!!

Once again, *Living Waters* will be having a table at a craft show this fall. If you are a crafter, knitter, crocheter, wood worker, baker, or quilter and would like to donate items, please speak to Gail Sulpher or Barb Lutz. You can also help by sponsoring a table or donating money to help offset the cost of craft supplies.



Calling all Crafters & Bakers!!

Once again, *Living Waters* will be having a table at a craft show this fall. If you are a crafter, knitter, crocheter, wood worker, baker, or quilter and would like to donate items, please speak to Gail Sulpher or Barb Lutz. You can also help by sponsoring a table or donating money to help offset the cost of craft supplies.

The Flow: Prayer Gathering

Prayer played an important role in the establishment of *Living Waters*, and prayer continues to be the most important thing we can do if we want to grow into the church that God has called us to be.

As Jesus says in John 15:5; "Apart from me you can do nothing."

Join us at the **Kingston House of Prayer** on **Friday** afternoons from **1:30 PM to 2:30 PM**, for an informal time of prayer for our church, dioceses, city, and world, as we press into God and discern His will for us. Personal prayer will also be available for those who wish to receive. For more information, please speak to Chris or Kathy Doering.

Jesus in Every Book of the Bible Study

The Bible is all about Jesus—He is the heart of Scripture and the central theme of the entire revelation of God. He is promised in Genesis, revealed in the law, prefigured in its history, praised in its poetry, proclaimed in its prophecy, provided in its Gospels, proved in its Acts, pre-eminent in its Epistles and prevailing in Revelation! Every book of the Bible reveals something more about our glorious Saviour.

In fact, in His challenge to the religious elite of His day, Jesus said; **"You search the Scriptures because you think they give you eternal life. But the Scriptures point to me!"** (John 5:39) From Genesis to Revelation—it is all about Jesus! Join us Friday morning's from **10:00 AM - 11:30 AM**, at KHOP, as we study the Bible together with an eye to seeing Jesus! For more information, speak to the Rector.



The Flow: Prayer Gathering

Prayer played an important role in the establishment of *Living Waters*, and prayer continues to be the most important thing we can do if we want to grow into the church that God has called us to be. As Jesus says in John 15:5; "Apart from me you can do nothing."

Join us at the **Kingston House of Prayer** on **Friday** afternoons from **1:300 PM to 2:30 PM**, for an informal time of prayer for our church, dioceses, city, and world, as we press into God and discern His will for us. Personal prayer will also be available for those who wish to receive. For more information, please speak to Chris or Kathy Doering.

Jesus in Every Book of the Bible Study

The Bible is all about Jesus—He is the heart of Scripture and the central theme of the entire revelation of God. He is promised in Genesis, revealed in the law, prefigured in its history, praised in its poetry, proclaimed in its prophecy, provided in its Gospels, proved in its Acts, pre-eminent in its Epistles and prevailing in Revelation! Every book of the Bible reveals something more about our glorious Saviour.

In fact, in His challenge to the religious elite of His day, Jesus said; **"You search the Scriptures because you think they give you eternal life. But the Scriptures point to me!"** (John 5:39) From Genesis to Revelation—it is all about Jesus! Join us Friday morning's from **10:00 AM - 11:30 AM**, at KHOP, as we study the Bible together with an eye to seeing Jesus! For more information, speak to the Rector.