

The 2nd Sunday after Epiphany ~ Sunday, January 20, 2019
“Restoring the Masterpiece ~ Anger”

2 TYPES OF ARTWORK

- _____: which are _____ produced on a large scale; all identical and of limited _____.
- _____: _____ works that take months for the artist to complete and are often _____.

“For we are God's masterpiece. He has created us anew in Christ Jesus, so that we can do the good things he planned for us long ago.” (Eph 2:10)

Scripture is very clear that we're “fearfully and wonderfully made;” that God has _____ each one of us in His _____. We're not mass-produced, cheap copies, or knock-offs—we're not of limited value—but rather we're masterpieces—God's _____ work.

Each of one of us is _____—individually created and loved by God. And as a result, we're of _____ value and worth. In fact, we're so valuable, that Jesus choose to _____ for us.

Like all works of art, we too can become damaged do to _____ to the world—we too can loose our lustre and vibrancy, and become dull, washed out, and dirty; as the image of God within us is _____ by sin. As such, we are continually in need of _____.

“You have heard that it was said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ But I say to you that if you are angry with a brother or sister, you will be liable to judgment...” (Matthew 5:21)

2 KINDS OF ANGER

#1. _____ **anger**
thumos =

#2. _____ **anger**
orge =

Jesus is saying is, there's a _____ path that self-righteous

anger brings.

The problem isn't anger itself, but what we _____ with it—whether it's appropriately or inappropriately _____—whether it's righteous or self-righteous.

“You used to do these things when your life was still part of this world. But now is the time to get rid of anger, rage, malicious behaviour, slander, and dirty language. Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds...” (Colossians 3:7-9)

“People with understanding control their anger; a hot temper shows great foolishness.” (Proverbs 14:29)

“Go ahead and be angry. You do well to be angry—but don't use your anger as fuel for revenge. And don't stay angry. Don't go to bed angry. Don't give the Devil that kind of foothold in your life.” (Ephesians 4:26)

“People with understanding control their anger; a hot temper shows great foolishness.” (Proverbs 14:29)

6 PRINCIPLES TO EFFECTIVELY DEAL WITH OUR ANGER

Principal #1: Resolve _____.

“Sensible people control their temper; they earn respect by overlooking wrongs.” (Proverbs 19:11)

Principal #2: Remember _____.

“An angry person starts fights; a hot-tempered person causes all kinds of trouble.” (Proverbs 29:22)

“TRUE CONFESSION IS GOOD FOR THE SOUL”

“Hot tempers cause arguments.” (Proverbs 15:18)

“Anger causes mistakes.” (Proverbs 14:29)

“People with hot tempers do foolish things.” (Proverbs 14:17)

“The fool who provokes his family to anger and resentment will finally have nothing worthwhile left.” (Proverbs 11:29)

3 COMMON RESPONSES TO ANGER

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Principal #3: Reflect _____.

“A foolish man gives free reign to his anger; a wise man waits and lets it grow cool.” (Proverbs 29:11)

“People who stay calm have real insight.” (Proverbs 17:27)

3 THINGS THAT CAN MAKE US ANGRY

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Principal #4: Release _____.

“If you want to stay out of trouble, be careful what you say.” (Proverbs 21:23)

3 UNHEALTHY WAYS THAT WE CAN RELEASE ANGER

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How do we express our anger appropriately? We _____ it.

Principal #5: Re-pattern _____.

“Do not copy the behaviour and customs of this world, but let God transform you into a new person by changing the way that you think.” (Romans 12:2)

3 THINGS WE CAN DO IN THIS PROCESS OF TRANSFORMATION

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“Keep away from angry, short tempered people, or you will learn to be like them.” (Proverbs 22:24)

Principal #6: Rely _____.

“Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.” (Proverbs 3:5)

“Whatever is in your heart determines what you’ll say.” (Matthew 12:34)

“Create in me a clean heart, O God. And renew a right spirit with in me.” (Psalm 51:10)



We all experience anger from time to time—it’s a natural reaction to the _____ of life. However, we need to remember that as followers of Jesus and lovers of God, we’re called to a higher _____—we’re called to _____ as Jesus loves. As such, we need to get a _____ on our anger.

“Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires.” (James 1:19-20)

“To build one’s activity on love and non-violence demands the greatest inner purification—one must constantly rid one’s heart of inordinate desires, fears, and anxieties, but above all, one must cleanse ones self of anger.” (William Johnston)

“Love is not easily angered.” (1 Corinthians 13:5)

How easily angered our you?

Do you need to be restored by the Master in this area of your life?