The 4th Sunday after Epiphany ~ Sunday, February 3, 2019 "Restoring the Masterpiece ~ Fear" Mark 6:45-62

"For we are God's masterpiece. He has created us anew in Christ Jesus, so that we can do the good things he planned for us long ago." (Ephesians 2:10)		
God specifically each one of us—we're not cheap		
or knock-offs, but rather masterpieces—God'swork.		
Like all masterpieces, we too can become do to exposure to the We too can loose our luster and vibrancy, and become dull, washed out, and dirty And as such, we are in constant need of		
and repair.		
What phobias do you have—what are you afraid of?		
We can classify all our fears into two basic types:		
Fear can us and keep us from living our lives to the fullest; it can steal our and rob our hope; it can keep us from the		
life that Jesus died so we could have. When this happens—when fear controls our		
life, it can feel like we're		
Have you ever been so afraid, that you've had that sinking feeling?		
"Save me, O God, for the <u>flood waters are up to my neck</u> . <u>Deeper and deeper I sink</u> into the mire; I can't find a foothold. <u>I am in deep water, and the floods overwhelm</u> me" (Psalm 69:1)		
"I waited patiently for the LORD to help me, and he turned to me and heard my cry. He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along. He has given me a new song to sing, a hymn of praise to our God" (Psalm 40:1-3)		
The best thing we can do when we're afraid—when we're overwhelmed by the storms of life and feel like we're sinking—is topatiently for God and trust that He will and set us on ground.		
"Late that night, the disciples were in their boat in the middle of the lake, and Jesus was alone on land. He <u>saw that they were in serious trouble</u> , rowing hard and <u>struggling against the wind and waves</u> " (Mark 6:45)		

5 SIGNS THAT WE ARE SINKING

01 //4
Sign #1.
"By now it was dark." (John 16:17a)
Sign #2 "Jesus had not yet joined them." (John 6:17b)
Sign #3.
"the boat was in the <u>middle of the lake</u> ." (Mark 6:47)
Sign #4 "The wind was against them." (Mark 6:48)
"The waters grew rough" (John 6:18)
rough =
Sign #5they were in serious trouble, rowing hard and struggling against he wind and
they were in serious trouble, rowing hard and struggling against he wind and
waves." (Mark 6:48)
Instead of calling what Cod wants up to do when we armaniance these 5
Instead of asking what God wants us to do when we experience these 5
things—when we're afraid and feel like we're sinking—a more important question
is:?
Because fear can have a devastating effect on our lives—it can
Because fear can have a devastating effect on our lives—it can and destroy the masterniece.
Because fear can have a devastating effect on our lives—it can and destroy the masterpiece.
destroy the masterpiece.
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#1. When the storms of life rage against us and we're afraid, we can have hope because Jesus is alreadyfor us.
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destroy the masterpiece. FINDING PEACE AND CALM IN THE STORM #1. When the storms of life rage against us and we're afraid, we can have hope
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Jesus knew about Peter's, before it	Jesus to them—He meets them where they're He
even came—He already knew the outcome—and He already prayed. The same is true	into their storm. He doesn't stand on the shore line and give or shout
for us–Jesus knows our storms long before they hit and He knows our fears–and	·
He's already prayed that in the face of that fear, we'd have the faith to	
<u> </u>	We don't need when we're afraid or in a storm, we need a
"Therefore he is able, once and forever, to save those who come to God through	. We need God to and act.
him. He lives forever to intercede with God on their behalf." (Hebrews 7:25)	and det
inii. Ile lives forever to intercede with God on their behalf. (neblews 7.23)	Jesus often comes to us on the very thing we're afraid of because
"Who condemns us? Not Jesus Christ, who died and then was raised back to life	Jesus often comes to us on the very thing we're afraid of, because He's infinitely than the wind and the waves—than any storm that
and is now at the right side of God interceding for us!" (Romans 8:34)	can come into our lives. Remember: Whatever is over our heads, is under Jesus'
#2 When the stemms of life was a spiret we and we've of wild we can have home	for Him!
#2. When the storms of life rage against us and we're afraid, we can have hope	
because Jesus and our struggle. "Jesus saw the disciples straining at the oars." (Mark 6:48)	"I will not abandon you or leave you as orphans in the storm. <u>I will come to you</u> ."
"Jesus saw the disciples straining at the oars." (Mark 6:48)	(John 14:18)
	#4. When the storms of life rage against us and we're afraid, we can have hope
When we are struggling through a storm, our fear can us to God's us to God's	-
and the strength and comfort He offers; and we can think He	because Jesus shows us that He is more than
doesn't However, nothing escapes God's	
	"When the disciples saw him walking on the lake, they were terrified. 'It's a ghost,'
"He sees everything I do and counts every step I take." (Job 31:4)	they cried out in fear. But Jesus immediately said, <u>'Take courage</u> . It is I. Don't be
	<u>afraid.</u> " (Mark 6:49-50)
Not only does Jesus know when we're in the midst of storm, He also	
with us.	3 THINGS JESUS OFFERS IN THE MIDST OF THE STORM
	• He gives them "Take courage."
"Jesus is able to sympathize with our weaknesses. He was tempted in every way	 He gives them "Take courage." He gives them "Don't be afraid."
that we are, but he didn't sin." (Hebrews 4:15)	• He gives them a "It is I."
	ego ema =
"O Lord, you have examined my heart and know everything about me. You know	
when I sit down or stand up. You know my thoughts even when I'm far away. You	I AM is thename—it's the name that God used for Himself when He
see me when I travel and when I rest at home. You know everything I do. You	called Moses to free the Israelites from slavery. Jesus is claiming to be far more
know what I am going to say even before I say it, Lord. You go before me and	than just a man, a prophet, or good moral teacher–He's claiming to be
follow me. You place your hand of blessing on my head." (Psalm 139:1-5)	
complete your name of occording on my mount (10mm 107/10)	"Then he got into the boat with them and the wind ceased" (Mark 6:51)
#3. When the storms of life rage against us and we're afraid, we can have hope	
because Jesus at out moment of .	"We look at this Son and see the God who cannot be seenFor everything,
"About three o'clock in the morning Jesus came toward them, walking on the	absolutely everything, above and below, visible and invisible, rank after rank after
water." (Mark 6:48)	rank of angels—everything got started in him and finds its purpose in him. He was
water. (Mark 0.40)	there before any of it came into existence and he holds it all together right up to this
Have you over had a starm same into your life and blave you off	moment." (Colossians 1:15-17)
Have you ever had a storm come into your life and blow you off ?	moment. (Colossians 1:13-17)
Maybe you're off course right now—tossed about by the consequences of your	Do you struggle with fear?
or situations beyond your	• 66
you're exhausted, , and afraid.	Might you need to be restored by the Master in this area of your life?