

Parish Movie Night: *I Can Only Imagine*



Friday, April 5, 2018 ~ 7:00 PM - 9:00 PM

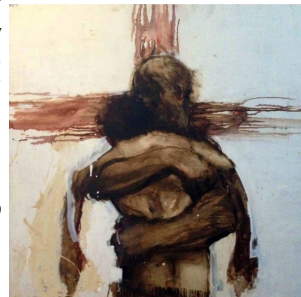
Kingston House of Prayer ~ 447 Division St.

Dennis Quaid stars in this inspiring true story behind MercyMe's beloved hit song. Running from a troubled home life and relationship, Bart Millard found escape in music. Hitting the road in a decrepit tour bus, Bart and his band, MercyMe set out on an amazing journey none of them could ever have imagined, in this uplifting, music-filled movie that beautifully illustrates the power of forgiveness and God's love. Join us for this evening of fun and fellowship. **Popcorn and drinks will be provided.**

Faith Explored: Adult Sunday School Lenten Session "the Broken Body" Book Study

Sunday Morning's in Lent
Beginning Sunday, March 10, 2019
9:00 AM - 10:00 AM

Continuing to reflect on the theme of "restoring the masterpiece," this Lenten session of Adult Sunday School will discern the sources of wholeness, healing and hope amidst a broken and suffering world, based on Jean Vanier's book, *the Broken Body*, which examines the roots of brokenness within the Jewish and Christian traditions and the meaning of the Good News of Jesus for our 20th century world. The *Broken Body* is written for all who wish to follow Jesus on the path to wholeness. Vanier calls the reader to come closer to people who suffer. He offers hope, encouragement, and the assurance that peace and joy can be found, but only by first accepting the reality of suffering and the cross in one's own life and in the lives of others.



For more information, speak to Rev. Manasse Maniragaba.

"I AM : Metaphors of the Messiah"

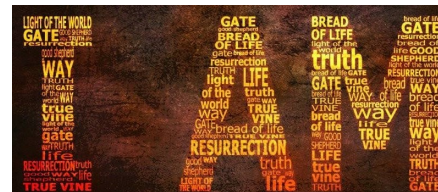
Lenten Sermon Series

"Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name." (John 20:30-31)

John wrote his Gospel to demonstrate that Jesus was the Son of God, so that his readers might believe and receive eternal life. Despite the signs, He preformed, opinions varied about Jesus' identity. This is evident in Jesus' question to His disciples in Mark 8:27; "Who do people say that I am?" However, Seven times in the gospel of John, Jesus provides His own answer to this question, using the words; "I AM." These two words, from the Greek *Ego Eimi*, are two of the most powerful words spoken in the Bible. In Exodus 3, God calls Moses from a burning bush to deliver His people from bondage in Egypt. When Moses asks who he should say has sent him, God responds; 'I AM WHO I AM.' Thus you shall say to the children of Israel, I AM has sent me to you.'" God is the great I AM—He is the eternal and unchangeable One—the One with no beginning or ending. He is *YHWH*, Jehovah, the God of the covenant—the God of Abraham, Isaac, and Jacob.

By identifying Himself with these words; "I AM", Jesus is identifying Himself with God—He's saying something about who is He and why He came. He is God in human form, coming to save and redeem a fallen humanity. These metaphors are rich in meaning and, although spoken 2000 years ago, they continue to hold great significance and remind us of what the Lord has provided for us through His death and resurrection.

Over the next 7 weeks—during the season of Lent—we will be looking at these Metaphors of the Messiah. As we do, I pray that you will let Jesus reveal Himself to you in a fresh new way so that in believing in Him, you may have life in His name.



LIVING WATERS ANGLICAN FELLOWSHIP

From Darkness to Light An Invitation to Lent 2019



A Prayer for Light

Almighty and ever-living God, let the radiance of your love scatter the gloom in our hearts and the darkness of sin and death.

May the light of resurrection dawn within us and bring us to the radiance of eternal life.

We ask this in the name of Jesus Christ our Lord, who lives and reigns with you and Holy Spirit, one God, for ever and ever Amen.

“Jesus was led by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights.” (Matthew 4:12)

Forty days in the wilderness—burning sun, rocks, dust, thirst—the heroic struggle of good, tempted by evil. This is the biblical landscape of Lent. However, as we look around us, we see a different picture—dirty snow, slush, twigs. The pale landscape of late winter.

Like these outer landscapes, our inner Lenten experiences can be very different. At different times of our lives we can find ourselves in the desert. We can find ourselves exhausted by the daily grind; feeling dry, empty, and pointless inside; or shattered by grief. Lenten themes such as loneliness, betrayal, loss, and grief are a part of everyone’s life. Why then, are these very themes highlighted in the Lenten season? Why ashes on the forehead, reminding us of our inevitable death? Why the traditional talk of guilt and sin? Why the emphasis on penitential observances, inner reflection, and increased study?

Despite what people may think, Lent isn’t about focussing on the misery in the world, but about placing that misery in its proper context. It’s about facing the desolation that we so easily push aside. In doing this, we’re able to see our lives and experiences in the context of the Gospel and our suffering in the context of Jesus’ suffering.

Lent is a time of preparation for the Passion—an opportunity to hear again the story of Jesus, who 2000 years ago chose in love to endure death on the cross for us. Our faith tells us that in the cross all our guilt, shame, sorrow—and even death—was contained and overcome. This promise; however, remains abstract, unreal, even unbelievable, unless we put it to the test—unless we dare to confront our own darkness, and see our story as a part of Jesus’ story. This is why we speak of sin and suffering during Lent—as an intentional reminder of what was won for us, through Jesus’ death and resurrection.

May we be drawn closer to God this Lent as we move from darkness into light. And may we proclaim Jesus’ resurrection this Easter with renewed boldness and power!

Ash Wednesday



“Remember you are dust, and to dust you shall return”

Ash Wednesday marks the beginning of the Lenten season—a season that begins with dust and ashes—an ancient tradition, symbolizing our humility before God. The Ash Wednesday liturgy calls us to see ourselves as we truly are; to reflect on our attitudes, actions, and priorities; and to return to God through penitence and prayer. Ash Wednesday is the beginning of a 40 day journey—a journey from brokenness to restoration; from darkness to light; from fear to love; from mourning to celebration; and from ashes to joy.

Ash Wednesday Worship

Wednesday, March 6, 2019 @ 7:00 PM

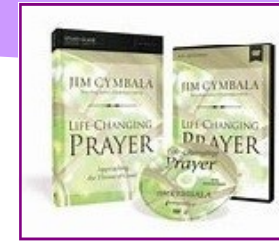
Kingston Senior’s Association ~ Frontenac Room



Loonies For Lent

Almsgiving is a common practice during Lent. Moved by the sacrifice of Jesus, many Christians respond to the needs of others by intentionally giving their time, talent, and treasures to others, as an act of generosity and sacrifice.

Film canisters are available at the Welcome Table—please take them home and fill them with your loonies (or toonies!) and return them Easter Sunday. All donations will go to support the **Grace Fund**, which is used at the Rector’s discretion to help people inside and outside the parish who are in financial need.



Life-Changing Prayer: Approaching the Throne of Grace DVD Study

Thursday evenings in Lent, beginning

Thursday, March 7, 2019

7:00 PM - 9:00 PM

The Doering’s House ~ 726 Chatsworth Place

“Prayer has the power to transform your life!”

God’s throne of grace. It is not a physical location you can visit, but the promises we read about it in the Bible are so immense that they are almost beyond belief. And as Hebrews 4:16 states, we can always “approach God’s throne of grace with confidence,” knowing that we will “receive mercy and find grace” to help us in our time of need.

In this 6-week DVD study, Pastor Jim Cymbala, of the Brooklyn Tabernacle, explores how God promises in His Word to always hear us, answer us, and extend His mercy when we come to Him in prayer. And as we pray in faith, He will provide His perfect peace and “meet all our needs according to the riches of his glory.” (Philippians 4:19). Approaching God’s throne of grace in prayer will change our life and circumstances like nothing else—and when we call on His name, powerful things happen!

Featuring teachings by Jim Cymbala and interviews with “ordinary” people who have received “extraordinary” answers to their prayers, this study will show how prayer can completely transform your life!

The One God—Father, Son, and Holy Spirit—has invited you to draw near to His throne of grace. No gates; no walls; no guards, check points, or security cameras; no “Keep out Signs,” or hours of operation. Jesus has made a way. The Throne of grace is waiting. God’s heart and arms are open. Your name is on the guest list. All you need to do is come!