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**THE BACK PAGE**

**Claiming God's Promises**

"I am the Light of the World,  
whoever believes in me will  
not walk in darkness, but will  
have the light of life."

(John 8:12)

**A Word of Encouragement**

"We have tried knowledge, we  
have tried education, we have  
tried political enactments, we  
have tried international confer-  
ences, we have tried them all but  
nothing avails. Is there no hope?  
Yes, there is abundant and ever-  
lasting hope. What we need is not  
more enlightenment; we need an  
inner nature that will love the  
light and hate the darkness."

~ Martin Lloyd-Jones



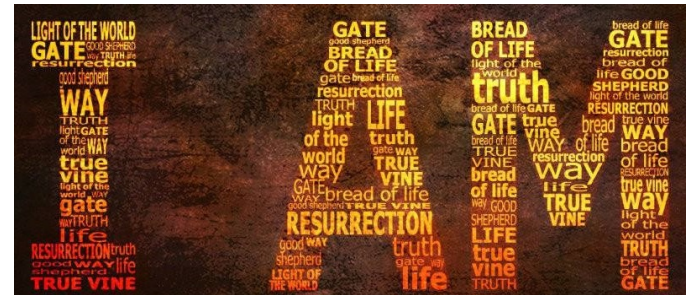
ANGLICAN CHURCH  
IN NORTH AMERICA



Anglican Network  
in Canada



**The 2nd Sunday in Lent**  
**Sunday, March 17, 2019**  
**10:00 AM**



**"METAPHORS OF THE MESSIAH ~  
I AM THE LIGHT OF THE WORLD"**

**READING**  
**JOHN 8:12-20**

"Let anyone who is thirsty come to me, and let  
the one who believes in me drink. As the  
scripture has said, 'Out of the believer's heart  
shall flow rivers of living water.'  
(John 7:37-38)"

# ANNOUNCEMENTS

## Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities that may happen to the body, and from all evil thoughts that may assault and hurt the soul; through Jesus Christ our Lord. Amen.



## Ministering @ Living Waters Today

- Greeters:** Ken & Mary Wyllie
- Reader:** Pauline Bettney
- Prayers of the People:** Mary Wyllie
- Chalice Bearers:** Ann Edwards & Kyle Joudry
- Computer:** Ron Bettney
- Prayer Team:** Tucker & Anke Carrington
- Puddle Jumpers:** Holly Whiteknight & Katie Dove
- Wave Riders:** Kathy Doering & Gracie Doering
- Teen Café:** M.J. Dove
- Fellowship:** Adriane Joudry
- Counters:** Barb Lutz & Yolande Chan
- Set Up:** Kyle & Adriane Joudry

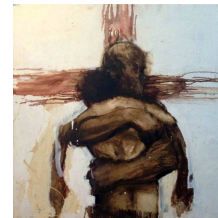
## Love Covers: ANiC Women's Retreat

Friday, April 5 at 7:00 PM - Sunday, April 7 at 1:00 PM, ANiC will be holding it's first Women's Retreat at Camp IAWAH. Gather with Christian women from across our diocese in a relaxing camp atmosphere for a time of spiritual growth, worship, fellowship, and prayer.

The Rev. Ann Crossland will be the guest speaker and Kathy Doering is leading worship. The cost is \$185 for the full weekend; \$130 for one night; and \$60 for Saturday only. An early bird discount of \$10 is available until March 7. **For more information or to register check on-line at [anglicannetwork.ca/Events](http://anglicannetwork.ca/Events)**



## Faith Explored: Adult Sunday School Lenten Session



### "the Broken Body" Book Study

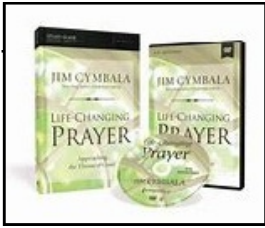
Continuing to reflect on the theme of "restoring the masterpiece," this Lenten session of Adult Sunday School will discern the sources of wholeness, healing and hope amidst a broken and suffering world, based on Jean Vanier's book, *the Broken Body*, which examines the roots of brokenness within the Jewish and Christian traditions and the meaning of the Good News of Jesus for our 20<sup>th</sup> century world. The *Broken Body* is written for all who wish to follow Jesus on the path to wholeness. Vanier calls the reader to come closer to people who suffer. He offers hope, encouragement, and the assurance that peace and joy can be found, but only by first accepting the reality of suffering and the cross in one's own life and in the lives of others.

Join us Sunday morning's in Lent, from **9:00 AM - 9:50 AM**. For more information, speak to Rev. Manasse Maniragaba.

## Children & Youth Ministry

All children from infant to grade 12 are welcome to join the **Puddle Jumpers, Wave Riders or Teen Cafe**--our Sunday morning children and youth program. Young people and crew are dismissed after the reading and return at Communion. Our nursery- grade 7 classes have started a wonderful new program called "**God's Big Story**," and our teens are using the **Faith Weaver Now** curriculum. For more information about children and youth ministry at LWAF, or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth, and leaders in your daily prayers.

# ANNOUNCEMENTS



**Life-Changing Prayer:  
Approaching the Throne of Grace**  
**Lenten DVD Study**

**“Prayer has the power to transform your life!”**

**God’s throne of grace.** It is not a physical location you can visit, but the promises we read about it in the Bible are so immense that they are almost beyond belief. And as Hebrews 4:16 states, we can always “approach God’s throne of grace with confidence,” knowing that we will “receive mercy and find grace” to help us in our time of need.

In this 6-week DVD study, Pastor Jim Cymbala, of the Brooklyn Tabernacle, explores how God promises in His Word to always hear us, answer us, and extend His mercy when we come to Him in prayer. And as we pray in faith, He will provide His perfect peace and “meet all our needs according to the riches of his glory.” (Philippians 4:19). Approaching God’s throne of grace in prayer will change our life and circumstances like nothing else—and when we call on His name, powerful things happen!

Featuring teachings by Jim Cymbala and interviews with “ordinary” people who have received “extraordinary” answers to their prayers, this study will show how prayer can completely transform your life! The One God—Father, Son, and Holy Spirit—has invited you to draw near to His throne of grace. No gates; no walls; no guards, check points, or security cameras; no “Keep out Signs,” or hours of operation. Jesus has made a way. The Throne of grace is waiting. God’s heart and arms are open. Your name is on the guest list. All you need to do is come!

Join us Thursday evenings in in Lent from **7:00 PM - 9:00 PM** at the The Doering’s House (726 Chatsworth Place). For more information, please speak to the Rector.



## For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

**The World:** Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For Israel, Iraq, Afghanistan, Syria, and parts of Africa.
- For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.

**The Church:** Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, and parts of Africa.
- For our Province (ACNA) and Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); Missionary Bishop, Andy Lines (& Mandy); retired Bishops: Don Harvey, Malcolm Harding and Ron Ferris.
- For ANiC congregations in **Greater Toronto & Eastern Ontario:** for St. James Fellowship, Trenton; for the Rev. Steve Timpson; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of Manasse Maniragaba & Rosine Twagiri-mana, Noah McCaughen & Aly Richmond, John McEachern & Beth Insley, Murray Moore.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for Rev. Fred & Veronica Peter and Across Mission.
- **Province, and City:** Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.

**The Sick and Suffering:** Pray for all those who cry out for healing in body mind or spirit.

- Pray for the family and friends of those who were killed in the recent terrorist attacks in Christchurch, New Zealand; and healing for those who were injured.
- Pray for those in our parish: Barbara, Marion, Sandra, Rick, Ann, Murray.
- Pray for our family & friends: Larry, Carolyn, Lowell, Brenda, Lisa, Shirley, Bill, Ruth, Donald, Cathy, Wally, Phil, Susan, Audra, Peter
- Pray for the homebound: Shirley Murray, Harry MacDonald, Juliet Cavadias.



## This Week @ Living Waters

Tuesday, March 19, 2019

7:00 PM - Young Adult Women's Huddle @ The Joudry's

Wednesday, March 20, 2019

7:00 PM - Young Adult Men's Huddle @ The Doering's - CANCELLED

7:00 PM - Mixed Life Group @ The Underhill's

7:00 PM - Teen Huddle @ Geneva House, Queen's University

Thursday, March 21, 2019

7:00 PM - Life-Changing Prayer DVD Study @ The Doering's

Friday, March 22, 2019

7:00 AM - Men's Life Group @ KIOP

10:00 AM - "From Dust to Glory" Bible Study @ KIOP

11:30 AM - Soup & Spirituality @ KIOP

## ANNOUNCEMENTS



### Lenten Resources

Lenten resources for adults, children, and families are available at the Welcome Table. Please help yourself to the devotionals and use them to help you draw closer to God over these next 40 days



### REV. FRED & VERONIC PETER

*Living Waters* is thankful to partner with ACross Mission to support the ministry of the Rev. Fred Peter Meshach and his wife Veronica, who serve in the Anglican Church of Tanzania at Kowak and in the neighbouring rural, tribal regions. Fred's work has expanded to ministry among teenagers throughout North-Western Tanzania; and he now travels to many remote locations. Although the fruit of this ministry has been incredible, the expense, which he must bear due to ongoing financial hardship in his diocese, has been significant. Please pray for God's provision so that His harvest will continue through Fred among the Luuo, Kuria, Simibiti and Maasai young people.

### Loonies For Lent

Almsgiving is a common practice during Lent. Moved by the sacrifice of Jesus, many Christians respond to the needs of others by intentionally giving their time, talent, and treasures to others, as an act of generosity and sacrifice.

Film canisters are available at the Welcome Table—please take them home and fill them with your loonies (or toonies!) and return them Easter Sunday. All donations will go to support the **Grace Fund**, which is used at the Rector's discretion to help people inside and outside the parish who are in financial need.

