*Ministry Team* The Rev. Christopher R. Doering Lead Pastor & Rector (613-546-7721) crd3@live.ca

The Rev. Canon Roy Vopni Honorary Assistant (613-549-6089) royferne1@gmail.com

The Rev. Manasse Maniragaba Associate Priest (613-453-1436) manigaba21@gmail.com

Kathy Doering, Associate Pastor (613-546-7721) kathydoering21@gmail.com

Parish Council Executive

Yolande Chan , Rector's Warden (613-545-3528) Ross Underhill, People's Warden (613-549-2908) John Telgmann, Treasurer (613-531-5156) Kathleen Young, Vestry Clerk (613-893-0753)

**Parish Council** Barbara Almonor (613-331-2740) Deborah Brown (613-328-9959) Judy Donevan (613-384-6494) M.J. Dove (613-389-2181) Ann Edwards (613-344-1758) Jerry Zabel (613-389-1323)

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## THE BACK PAGE

#### **Claiming God's Promises**

"Are not five sparrows sold for two pennies? Yet not one of them is forgotten in God's sight. But even the hairs of your head are all counted. Do not be afraid; you are of more value than many sparrows."

(Luke 12:6-7)

#### A Word of Encouragement

"God loves each of us as if there were only one of us."

~ Augustine









### The Last Sunday after Epiphany Sunday, March 3, 2019 10:00 AM



"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water.'" (John 7:37-38)

### Collect of the Day

O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord. Amen.



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#### Ministering @ Living Waters Today

Greeters: Ferne Vopni & Carrie Cirtwill Reader: Jennifer Shoniker Prayers of the People: Wayne Catel Chalice Bearers: Yolande Chan & Pauline Bettney Computer: Ron Bettney Prayer Team: Ken & Mary Wyllie Puddle Jumpers: Holly Whiteknight & Katie Dove Wave Riders: Kathy Doering & Gracie Doering Teen Café: M.J. Dove Fellowship: Josie Roy Counters: Barb Lutz & Scott Young Set Up: Kyle & Adriane Joudry

#### Children & Youth Ministry

All children from infant to grade 12 are welcome to join the **Puddle Jumpers**, **Wave Riders or Teen Cafe**--our Sunday morning children and youth program. Young people and crew are dismissed after the reading and return at Communion. Our nursery- grade 7 classes have started a wonderful new program called **"God's Big Story**," and our teens are using the **Faith Weaver Now** curriculum. For more information about children and youth ministry at LWAF, or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth, and leaders in your daily prayers.

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# ANNOUNCEMENTS

#### Love Covers: ANiC Women's Retreat

Friday, April 5 at 7:00 PM - Sunday, April 7 at 1:00 PM, ANiC will be holding it's first Women's Retreat at |Camp IAWAH. Gather with Christian women from across our diocese in a relaxing camp atmosphere for a time of spiritual growth, worship, fellowship, and prayer.

The Rev. Ann Crossland will be the guest speaker and Kathy Doering is

leading worship. The cost is \$185 for the full weekend; \$130 for one night; and \$60 for Saturday only. An early bird discount of \$10 is available until March 7. Fore more information speak to Kathy Doering or check on-line at anglicannetwork.ca/ Events





#### Faith Explored: Adult Sunday School Lenten Session

#### "the Broken Body" Book Study

Continuing to reflect on the theme of "restoring the masterpiece," this Lenten session of Adult

Sunday School will discern the sources of wholeness, healing and hope amidst a broken and suffering world, based on Jean Vanier's book, *the Broken Body*, which examines the roots of brokenness within the Jewish and Christian traditions and the meaning of the Good News of Jesus for our 20<sup>th</sup> century world. The *Broken Body* is written for all who wish to follow Jesus on the path to wholeness. Vanier calls the reader to come closer to people who suffer. He offers hope, encouragement, and the assurance that peace and joy can be found, but only by first accepting the reality of suffering and the cross in one's own life and in the lives of others.

Join us Sunday morning in Lent, beginning next Sunday, March 10 from 9:00 AM - 9:50 AM. For more information, speak to Rev. Manasse Maniragaba.

# ANNOUNCEMENTS



Life-Changing Prayer: Approaching the Throne of Grace

Lenten DVD Study

#### "Prayer has the power to transform your life!"

**God's throne of grace.** It is not a physical location you can visit, but the promises we read about it in the Bible are so immense that they are almost beyond belief. And as Hebrews 4:16 states, we can always "approach God's throne of grace with confidence," knowing that we will "receive mercy and find grace" to help us in our time of need.

In this 6-week DVD study, Pastor Jim Cymbala, of the Brooklyn Tabernacle, explores how God promises in His Word to always hear us, answer us, and extend His mercy when we come to Him in prayer. And as we pray in faith, He will provide His perfect peace and "meet all our needs according to the riches of his glory." (Philippians 4:19). Approaching God's throne of grace in prayer will change our life and circumstances like nothing else– and when we call on His name, powerful things happen!

Featuring teachings by Jim Cymbala and interviews with "ordinary" people who have received "extraordinary" answers to their prayers, this study will show how prayer can completely transform your life! The One God–Father, Son, and Holy Spirit–has invited you to draw near to His throne of grace. No gates; no walls; no guards, check points, or security cameras; no "Keep out Signs," or hours of operation. Jesus has made a way. The Throne of grace is waiting. God's heart and arms are open. Your name is on the guest list. All you need to do is come!

Join us Thursday evenings in in Lent, beginning **this Thursday, March 7**, **2019 from 7:00 PM - 9:00 PM** at the The Doering's House (726 Chatsworth Place). For more information, please speak to the Rector.



### For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

**The World:** Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For Israel, Iraq, Afghanistan, Syria, and parts of Africa.
- For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, and parts of Africa.
- For our Province (ACNA) and Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); Missionary Bishop, Andy Lines (& Mandy); retired Bishops: Don Harvey, Malcolm Harding and Ron Ferris.
- For ANiC congregations in **Greater Toronto & Eastern Ontario:** for New Song, Port Perry; the Rev. Peter Molloy; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of Jan & Barbara Hoppe, Glen & Margo Hyde, Rick & Kate Insley, Bill & Cheryl Jackson, Kyle & Adriane Joudry.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for the Christian Embassy in Ottawa.
- **Province, and City:** Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.

The Sick and Suffering: Pray for all those who cry out for healing in body mind or spirit.

- Pray for those in our parish: Barbara, Marion, Sandra, Rick, Ann.
- Pray for our family & friends: Larry, Carolyn, Lowell, Brenda, Lisa, Shirley, Bill, Ruth, Donald, Cathy, Wally, Phil, Susan, Audra, Peter
- Pray for the homebound: Shirley Murray, Harry MacDonald, Juliet Cavadias.



#### This Week @ Living Waters

Tuesday, March 5, 2019 <sup>-</sup> Shrove Tuesday 7:00 PM <sup>-</sup> Young Adult Women's Huddle @ The Joudry's 7:00 PM <sup>-</sup> Mixed Life Croup @ the Dove's

Wednesday, March 6, 2019 <sup>-</sup> Ash Wednesday 7:00 PM - Ash Wednesday Service @ the Senior's Centre 7:00 PM - Young Adult Men's Huddle @ The Doering's - CANCELLED 7:00 PM - Mixed Life Group @ The Underhill's - CANCELLED 7:00 PM - Teen Huddle @ Geneva House, Queen's University

Thursday, March 7, 2019 7:00 PM - Life-Changing Prayer DVD Study @ The Doering's

Friday, March 8, 2019 7:00 AM - Men's Life Croup @ KLIOP 10:00 AM - *"Trom Dust to Clory" Bible Study @ KLIOP* 11;30 AM - Soup & Spirituality @ KLIOP



#### THE CHRISTIAN EMBASSY IN OTTAWA

The Christian Embassy continues to focus on inspiring Canada's political leaders with the person and values of Jesus. Apart from sharing the Gospel message as often as possible, the CE seeks to equip and encourage Christian leaders to be Ambassadors for Christ in the political arena; and network with MP's, diplomats, and local business persons. Please pray for our leaders to have ears to hear the truth and Christian leaders to have the wisdom and courage to speak up and stand firm in their faith; and for Executive Director, Darlene McLean. For more information, please speak to John Telgmann.

# ANNOUNCEMENTS



Ash Wednesday

"Remember you are dust, and to dust you shall return"

Ash Wednesday marks the beginning of the Lenten season–a season that begins with dust and ashes–an ancient tradition, symbolizing our humility before God. The Ash Wednesday liturgy calls us to see ourselves as we truly are; to reflect on our attitudes, actions, and priorities; and to return to God through penitence and prayer. Ash Wednesday is the beginning of a 40 day journey–a journey from brokenness to restoration; from darkness to light; from fear to love; from mourning to celebration; and from ashes to joy. Join us for our Ash Wednesday service of Holy Communion and the Imposition of Ashes **this Wednesday**, **March 6**, **2019 @ 7:00 PM** in the Frontenac Room of the Kingston Senior's Association.

#### Loonies For Lent

Almsgiving is a common practice during Lent. Moved by the sacrifice of Jesus, many Christians respond to the needs of others by intentionally giving their time, talent, and treasurers to others, as an act of generosity and sacrifice.

Film canisters are available at the Welcome Table-please take them home and fill them with your loonies (or toonies!) and

return them Easter Sunday. All donations will go to support the **Grace Fund**, which is used at the Rector's discretion to help people inside and outside the parish who are in financial need.

