Ministry Team

The Rev. Christopher R. Doering Lead Pastor & Rector (613-453-9140) crd3@live.ca

The Rev. Canon Roy Vopni Honorary Assistant (613-549-6089) royferne1@qmail.com

The Rev. Manasse Maniragaba Associate Priest (613-453-1436) manigaba21@gmail.com

Kathy Doering, Associate Pastor (613-876-4843) kathydoering21@gmail.com

Parish Council Executive

Yolande Chan, Rector's Warden (613-545-3528) Ross Underhill, People's Warden (613-549-2908) John Telgmann, Treasurer (613-531-5156) Kathleen Young, Vestry Clerk (613-893-0753)

Parish Council

Barbara Almonor (613-331-2740) Judy Donevan (613-384-6494) M.J. Dove (613-389-2182) Ann Edwards (613-766-4520) Jerry Zabel (613-389-1323) vacant

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THE BACK PAGE

Claiming God's Promises

"I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us."

(Romans 8:18)

A Word of Encouragement

"Philippians is only 104 verses long. But over and over again joy splashes out like a rubber ball popping up after being submerged in the water."

~Anonymous

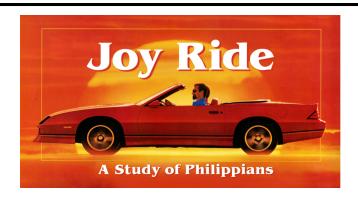








The 13th Sunday after Pentecost Sunday, September 15, 2019 10:00 AM



"MARKS OF THE CHRISTIAN LIFE"

READING
PHILIPPIANS 1:1-11

"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water." (John 7:37-38)

Collect of the Day

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Ministering @ Living Waters Today

Greeters: Gail Sulpher & Narjis Philips

Reader: Rachael Souch

Prayers of the People: John Telgmann

Chalice Bearers: Wayne Catel & Ann Edwards

Computer: Barb Lutz

Prayer Team: Tucker & Anke Carrington **Little Squirts (birth-3):** Katie Dove

Puddle Jumpers (4-5): Holly WhiteKnight & Josh Dove **Wave Riders (5-gr.6):** Kathy Doering & Annie Doering

Fellowship: Adriane Joudry & Gail Sulpher

Counters: Barb Lutz & Scott Young

Set Up: Kyle & Adriane Joudry



Children & Youth Ministry

All children from infant to grade 8 are encouraged to participate in our

Sunday morning Children's program which is using the "God's Big Story" curriculum. The Little Squirts (birth-3), Puddle Jumpers (4-5), Wave Riders (5-gr.6) and their leaders are dismissed after the reading and return at Communion. Teens will spend two Sundays in church and two Sundays helping with the children's program. For more information about children and youth ministry at LWAF, or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth, and leaders in your daily prayers.

ANNOUNCEMENTS

Coming Up This Fall at Living Waters

Welcome back Luncheon & Sundae Bar - Sunday, September 29.

Sacred Pathways Book Study -Thursday evenings in October, beginning **Thursday**, **October 3** @ the Doering's

Portsmouth Prayer Walk ~ **Saturday, October 5** from 10:00 AM - Noon.

Faith Explored: Adult Sunday School - Sunday's in October, beginning **October 6**. Topic TBA.

Parish Retreat - Friday, October 25 - Saturday, October 26 at Camp IAWAH.

Commitment Sunday & Parish Lunch - Sunday, November 3.

Diocesan Synod - **Tuesday, November 6 -8** in Ottawa.

Bishop's Annual Visit - Sunday, December 8.



From Dust to Glory Video Series

Join pastor and teacher, Dr. R.C. Sproul on a unique study tour as he explores the major themes, events, and people that are brought to life in the Bible. The *Dust to Glory* video study provides a panorama of biblical truth and a starting point to help you understand the content of the Bible. It can energize your study of the Bible, provide you with new insights, and improve your ability to read, understand, and apply Scripture to your every day life. Join us **Friday mornings** at KHOP from **10:00 - 11:30 AM**.

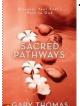
PRAYER @ LWAF



As followers of Jesus, we are called to be a community of prayer. If you, or anyone you know, desires prayer for any reason and would like it shared with our Prayer Chain, please contact Shirley Underhill at:

shirleymunderhill@gmail.com or 613-888-1198

and she will pass it along to the rest of our prayer chain. All prayer requests will be kept strictly confidential and will not be shared with anyone else without your permission. Please feel free to ask for prayers of thanksgiving or discernment as well! For more information, speak to Shirley or the Rector.



Sacred Pathways Book Study

"Thou shalt not covet thy neighbour's spiritual walk." Are you envious of the way some people seem to walk closely with God, effortlessly spend hours in contemplative prayer? Maybe you're that way, but others are far better at showing God's love in practical ways or courageously standing up for

God's Kingdom. Why can't you be more like them? The answer is simple: you weren't designed to be!

In his book, Sacred Pathways, Gary Thomas strips away the frustration of a one-size-fits-all-spirituality and guides you toward a path of worship that frees you to be you. We all relate to God differently, and if our prayer life hits a snag, perhaps it's because we're trying to follow someone else's path. This book explodes the barriers that keep Christians locked into rigid methods of worship and praise, and describes 9 distinct spiritual temperaments: Naturalists, Sensates, Traditionalists, Ascetics, Activists, Caregivers, Enthusiasts, Contemplatives, and Intellectuals—their characteristics, strengths and pitfalls. Illustrated with examples from the Bible, each path describes an approach to loving God through a distinct journey of adoration.

There is room for 10 people to join this study Thursday evenings in October, beginning **Thursday, October 3** at **7:00 PM** at the Doering's.



For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

The World: Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For Israel, Iraq, Afghanistan, Syria, and parts of Africa.
- For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, and parts of Africa.
- For our Province (ACNA) and Primate, Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy);
 Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede);
 Missionary Bishop, Andy Lines (& Mandy); retired Bishops: Don Harvey, Malcolm Harding, and Ron Ferris.
- For ANiC congregations in **Vancouver:** for St. Timothy's, North Vancouver; the Rev. Grady Buhler, and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of Tucker & Anke Carrington, Wayne Catel, Hugh Chan, Michael & Yolande Chan, Carolyn Chisamore.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for the Christian Embassy in Ottawa.

Province, and City:

• Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.

The Sick and Suffering: Pray for all those who cry out for healing in body mind or spirit.

- Pray for those in our parish: Barbara, Rick, Ann, Carolyn, Murray, Wayne.
- Pray for our family & friends:
- Pray for the homebound: Shirley Murray, Harry MacDonald, Juliet Cavadias.



This Week @ Living Waters

Tuesday, September 17, 2019

7:00 PM - Young Adult Women's Group @ the Joudry's

Wednesday, September 18, 2019

7:00 PM - Young Adult Men's Group @ the Doering's

7:00 PM - Mixed Life Group @ the Donevan's

Thursday, September 19, 2019

7:00 PM - Parish Council @ the Doering's

Friday, September 20, 2019

7:00 AM - Men's Life Group & KHOP

10:00 AM - From Dust to Glory Study @ KHOP

12:00 PM - Soup & Spirituality @ KHOP



THE CHRISTIAN EMBASSY

The Christian Embassy continues to focus on inspiring Canada's political leaders with the person and values of Jesus. Apart from sharing the Gospel message as often as possible, the CE seeks to equip and encourage Christian leaders to be Ambassadors for Christ in the political arena; and network with MP's, diplomats, and local business persons. Please pray for our leaders to have ears to hear the truth and Christian leaders to have the wisdom and courage to speak up and stand firm in their faith; and for Executive Director, Darlene McLean. As we look forward to a General Election, please pay that God's will would be done in the election of new government for Canada that will rule with

ANNOUNCEMENTS



Living Waters Community Sharing

For the month of September, we will be collecting **TRAVEL TOILETRIES** to distribute to those in need through various organizations in Kingston. Please bring new or "gently used" items: soap, shampoo, deodorant, tooth brushes, and toothpaste, etc. to church and place

them in the basket at the Welcome Table. For more information, speak to the Rector.

Soup & Spirituality



Our Soup & Spirituality group, which minsters to clients of Frontenac Community Mental Health Services, meets Friday's from 112:00 PM- 1:30 PM at the Kingston House of Prayer. If you are able to make a pot of homemade

soup, chilli, or stew for 12 people, please add your name to the sign up sheet at the Welcome Table. This is a very important outreach to the Kingston community and your support is very much appreciated. For more information about Soup & Spirituality, please speak to the Rector.

Welcome Back Luncheon & Sundae Bar

As a way of welcoming everyone back to church after the summer, we will be having a **Welcome Back Luncheon** after church on **Sunday, September 29.** If you are able to help provide sandwiches and other items, please add your name to the sign up sheet at the Welcome Table.

No one needs to provide dessert because we will be having a "make your own" **Sundae Bar!**

Please plan to attend this time of great food and even greater fellowship with your Living Waters family!