Ministry Team

The Rev. Christopher R. Doering Lead Pastor & Rector (613-453-9140) crd3@live.ca

The Rev. Canon Roy Vopni Honorary Assistant (613-549-6089) royferne1@qmail.com

The Rev. Manasse Maniragaba Associate Priest (613-453-1436) manigaba21@gmail.com

Kathy Doering, Associate Pastor (613-876-4843) kathydoering21@gmail.com

Parish Council Executive

Yolande Chan, Rector's Warden (613-545-3528) Ross Underhill, People's Warden (613-549-2908) John Telgmann, Treasurer (613-531-5156) Kathleen Young, Vestry Clerk (613-893-0753)

Parish Council

Barbara Almonor (613-331-2740) Judy Donevan (613-384-6494) M.J. Dove (613-389-2182) Ann Edwards (613-766-4520) Jerry Zabel (613-389-1323) vacant

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THE BACK PAGE

Claiming God's Promises

"You show me the path of life. In your presence there is fullness of joy; in your right hand are pleasures forevermore."

(Psalm 16:11)

A Word of Encouragement

"Only the forward-looking Christian remains sincerely optimistic and joyful, knowing that Christ will win in the end."

~ Billy Graham

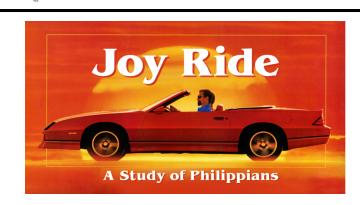








Harvest Thanksgiving Sunday Sunday, October 13, 2019 10:00 AM



"HOW TO BOOST YOUR JOY"

READING PHILIPPIANS 2:19-30

"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water." (John 7:37-38)

Collect of the Day

Creator of the fruitful earth,
you made us stewards of all things. Give us
grateful hearts for all your goodness, and steadfast wills to
use your bounty well, that the whole human
family, today and in generations to come, may with us give
thanks for the riches of your creation;
through Jesus Christ our Lord. Amen.

Ministering @ Living Waters Today

Greeters: Carrie Cirtwill & Gail Sulpher

Reader: Kyle Joudry

Prayers of the People: John Telgmann **Chalice Bearers:** Kate Insley & Kaede Takami

Computer: Ron Bettney

Prayer Team: Yolande Chan & Wayne Catel

Little Squirts (birth-3): Katie Dove

Puddle Jumpers (4-5): Holly WhiteKnight & Josh Dove

Wave Riders (5-gr.6): Kathy Doering **Fellowship:** Adriane Joudry & Gail Sulpher

Counters: Barb Lutz & Scott Young

Set Up: Kyle & Adriane Joudry



Children & Youth Ministry

All children from infant to grade 8 are encouraged to participate in our Sunday morning Children's program which is using the "God's Big Story" curriculum. The Little Squirts (birth-3), Puddle Jumpers (4-5), Wave Riders (5-gr.6) and their leaders are dismissed after the reading and return at Communion. Teens will spend two Sundays in church and two Sundays helping with the children's program. For more information about children and youth ministry at LWAF, or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth, and leaders in your daily prayers.

ANNOUNCEMENTS



Faith Explored: Adult Sunday School

Join us Sunday morning's from 9:00 - 9:50 AM for four stand alone sessions led by Earl Briard, beginning this **Sunday, October 13**.

Week 1: The Three Imputations

Why and how am I affected by Adam's sin? Can penalties and righteousness be transferred? How are imputation and justification related? There are three imputations - or "reckonings" in Scripture that speak to these issues - and that resolve humanity's great problem!

Week 2: Four Alienations and The Fall

To be alienated is to be separated or estranged. The theme of the alienation of mankind has long been recognized. John Stott said: "nothing is more dehumanizing than this breakdown of fundamental human relationships." In what ways does this breakdown occur? What is the remedy? Can alienation be healed?

Week 3: A Prayer to Remember

Most of us pray spontaneously during our time of devotions. But have you ever written down your prayers? What may be some advantages of doing this? This session introduces us to two people who have done so.

4Week 4: The Beauty of God

When we think of the attributes of God, His love, His goodness, His justice readily come to mind. But what of His aseity, simplicity, holiness, immutability, infinity - and many others? Someone has said: "God's beauty is the bouquet of His perfections..." Let's discuss!

PRAYER @ LWAF



As followers of Jesus, we are called to be a community of prayer. If you, or anyone you know, desires prayer for any reason and would like it shared with our Prayer Chain, please contact Shirley Underhill at:

shirleymunderhill@gmail.com or 613-888-1198

and she will pass it along to the rest of our prayer chain. All prayer requests will be kept strictly confidential and will not be shared with anyone else without your permission. Please feel free to ask for prayers of thanksgiving or discernment as well! For more information, speak to Shirley or the Rector.



Sacred Pathways Book Study

"Thou shalt not covet thy neighbour's spiritual walk." Are you envious of the way some people seem to walk closely with God, effortlessly spend hours in contemplative prayer? Maybe you're that way, but others are far better at showing God's love in practical ways or courageously standing up for

God's Kingdom. Why can't you be more like them? The answer is simple: you weren't designed to be!

In his book, Sacred Pathways, Gary Thomas strips away the frustration of a one-size-fits-all-spirituality and guides you toward a path of worship that frees you to be you. We all relate to God differently, and if our prayer life hits a snag, perhaps it's because we're trying to follow someone else's path. This book explodes the barriers that keep Christians locked into rigid methods of worship and praise, and describes 9 distinct spiritual temperaments: Naturalists, Sensates, Traditionalists, Ascetics, Activists, Caregivers, Enthusiasts, Contemplatives, and Intellectuals—their characteristics, strengths and pitfalls. Illustrated with examples from the Bible, each path describes an approach to loving God through a distinct journey of adoration.

There is still room for 2 more people to join us on Thursday evenings at the Doering's. This week we will be looking at Tradionalists & Ascetics.



For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

The World: Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For Israel, Iraq, Afghanistan, Syria, and parts of Africa.
- For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, and parts of Africa.
- For our Province (ACNA) and Primate, Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy);
 Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede);
 Missionary Bishop, Andy Lines (& Mandy); retired Bishops: Don Harvey, Malcolm Harding, and Ron Ferris.
- For ANiC congregations in Greater Toronto & Eastern Ontario: for Christ the King, Toronto; the Rev. Kaith Ganzer; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of Alex Keith, Steve & Jane Kempf, Devon & Allison Lessey-Searles, Barb Lutz, Manassa Maniragaba & Rosine Twigirimana.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for the Friends of Koura in Mali, West Africa.
- Province, and City: Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.

The Sick and Suffering: Pray for all those who cry out for healing in body mind or spirit.

- Pray for those in our parish: Barbara, Rick, Ann, Carolyn, Murray, Roy, Wayne.
- Pray for our family & friends: Erin.
- Pray for the homebound: Shirley Murray, Harry MacDonald, Juliet Cavadias, Marion Sullivan, Barbara Lemmon.



This Week @ Living Waters

Tuesday, October 14, 2019

7:00 PM - Young Adult Women's Group @ the Joudry's

Wednesday, October 15, 2019

7:00 PM - Mixed Life Group @ the Donevan's

Thursday, October 16, 2019

7:00 PM - Sacred Pathways Book Study @ the Doering's

Friday, October 17, 2019

7:00 AM - Men's Life Group & KHOP

10:00 AM - From Dust to Glory Study @ KHOP

12:00 PM - Soup & Spirituality @ KHOP

Sunday, October 20, 2019

9:00 AM - Adult Sunday School ~ "The 4 Alienations & the Fall"

10:00 AM - Holy Communion & Children's Program



THE FRIENDS OF KOURA

The *Friends of Koura* International is a faith-based health centre in Mali, West Africa, that also supports 8 new church plants. Give thanks for the 2nd health Centre and pray for provision of funds for equipping. Pray for the protection from persecution of the new church plants and for stamina for Mama and Karim Djilla. Pray for an organization to provide a source of fresh water by drilling a well an installing a pump. Pray also for John Telgmann, the Executive Director, and the Canadian Board of Directors.

ANNOUNCEMENTS

Living Waters Community Sharing

This month is "Socktober," and so we will be collecting **WARM SOCKS** to distribute to those in need through **Socks Kingston**. Please bring new socks and place them in the basket at the Welcome Table. For more information, speak to the Rector.





Fall Parish Retreat

We are very excited to announce that we will be holding our 4th annual, *Living Waters* Fall Retreat on Friday October 25 - Saturday, October 26 at beautiful Camp lawah, in Westport. The Rev. Dr. Byron Wheaton, will be

our guest speaker! Byron is a very gifted Bible teacher and preacher with a pastor's heart. He will be speaking on his recent book, "Matter Matters: Being a Disciple of Jesus in the World of Things." You don't want to miss out on this weekend, as we learn, pray, play; and are drawn closer together as a church family.

Registration forms are available at the Welcome Table. If you have any questions or need bursary assistance, please speak to Kathleen Young or the Rector.