

Ministry Team

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Claiming God's Promises

"For all who exalt themselves
will be humbled, and those
who humble themselves will
be exalted."

(Luke 14:11)

A Word of Encouragement

"If you are humble, nothing
will touch you, neither praise
nor disgrace, because you
know what you are and
whose you are."

~ Mother Teresa



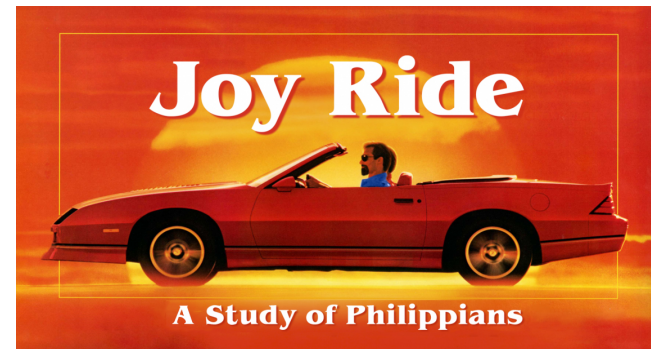
ANGLICAN CHURCH
IN NORTH AMERICA



Anglican Network
in Canada



The 16th Sunday after Pentecost
Sunday, September 29, 2019
10:00 AM



"THE HUMBLE PATH TO JOY"

READING
PHILIPPIANS 2:1-11

"Let anyone who is thirsty come to me, and let
the one who believes in me drink. As the
scripture has said, 'Out of the believer's heart
shall flow rivers of living water.'"
(John 7:37-38)

ANNOUNCEMENTS

Collect of the Day

O merciful Lord, grant to your faithful people pardon and peace, that by your grace we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Ministering @ Living Waters Today

Greeters: Narjis Phillips & Gail Sulpher

Reader: Gail Sulpher

Prayers of the People: Wayne Catel

Chalice Bearers: Yolande Chan & Ann Edwards

Computer: Barb Lutz

Prayer Team: Margo Hyde & M.J. Dove

Little Squirts (birth-3): Katie Dove

Puddle Jumpers (4-5): Holly WhiteKnight & Josh Dove

Wave Riders (5-gr.6): Kathy Doering

Fellowship: Luncheon & Sundae Bar

Counters: Barb Lutz & Scott Young

Set Up: Scott Young & Kaede Takami



Children & Youth Ministry

All children from infant to grade 8 are encouraged to participate in our Sunday morning Children's program which is using the "God's Big Story" curriculum. The **Little Squirts (birth-3)**, **Puddle Jumpers (4-5)**, **Wave Riders (5-gr.6)** and their leaders are dismissed after the reading and return at Communion. Teens will spend two Sundays in church and two Sundays helping with the children's program. For more information about children and youth ministry at LWF, or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth, and leaders in your daily prayers.



Faith Explored: Adult Sunday School

Join us Sunday morning's from 9:00 - 9:50 AM for four stand alone sessions led by Earl Briard, beginning **October 13**.

Week 1: The Three Imputations

Why and how am I affected by Adam's sin? Can penalties and righteousness be transferred? How are imputation and justification related? There are three imputations - or "reckonings" in Scripture that speak to these issues - and that resolve humanity's great problem!

Week 2: Four Alienations and The Fall

To be alienated is to be separated or estranged. The theme of the alienation of mankind has long been recognized. John Stott said: "nothing is more dehumanizing than this breakdown of fundamental human relationships." In what ways does this breakdown occur? What is the remedy? Can alienation be healed?

Week 3: A Prayer to Remember

Most of us pray spontaneously during our time of devotions. But have you ever written down your prayers? What may be some advantages of doing this? This session introduces us to two people who have done so.

Week 4: The Beauty of God

When we think of the attributes of God, His love, His goodness, His justice readily come to mind. But what of His aseity, simplicity, holiness, immutability, infinity - and many others? Someone has said: "God's beauty is the bouquet of His perfections..." Let's discuss!

PRAYER @ LWAF

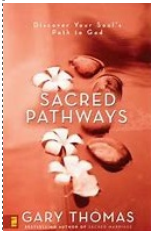


Prayer Chain

As followers of Jesus, we are called to be a community of prayer. If you, or anyone you know, desires prayer for any reason and would like it shared with our Prayer Chain, please contact Shirley Underhill at:

shirleymunderhill@gmail.com or 613-888-1198

and she will pass it along to the rest of our prayer chain. All prayer requests will be kept strictly confidential and will not be shared with anyone else without your permission. Please feel free to ask for prayers of thanksgiving or discernment as well! For more information, speak to Shirley or the Rector.



Sacred Pathways Book Study

"Thou shalt not covet thy neighbour's spiritual walk." Are you envious of the way some people seem to walk closely with God, effortlessly spend hours in contemplative prayer? Maybe you're that way, but others are far better at showing God's love in practical ways or courageously standing up for God's Kingdom. Why can't you be more like them? The answer is simple: you weren't designed to be!

In his book, *Sacred Pathways*, Gary Thomas strips away the frustration of a one-size-fits-all spirituality and guides you toward a path of worship that frees you to be you. We all relate to God differently, and if our prayer life hits a snag, perhaps it's because we're trying to follow someone else's path. This book explodes the barriers that keep Christians locked into rigid methods of worship and praise, and describes 9 distinct spiritual temperaments: **Naturalists, Sensates, Traditionalists, Ascetics, Activists, Caregivers, Enthusiasts, Contemplatives, and Intellectuals**—their characteristics, strengths and pitfalls. Illustrated with examples from the Bible, each path describes an approach to loving God through a distinct journey of adoration.

There is room for **12 people** to join this study Thursday evenings in October, beginning this **Thursday, October 3 at 7:00 PM** at the Doering's.



For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

The World: Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For Israel, Iraq, Afghanistan, Syria, and parts of Africa.
- For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, and parts of Africa.
- For our Province (ACNA) and Primate, Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); Missionary Bishop, Andy Lines (& Mandy); retired Bishops: Don Harvey, Malcolm Harding, and Ron Ferris.
- For ANiC congregations in Greater Toronto & Eastern Ontario: for St. Chad's, Toronto; the Rev. Barbara Richardson; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of Stephen & MJ Dove, Ann Edwards, Joe Fern, Judith & Chris Hennesey, William Hennesey.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for Precy Elgincolin in the Philippines.

Province, and City:

- Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.

The Sick and Suffering: Pray for all those who cry out for healing in body mind or spirit.

- Pray for those in our parish: Barbara, Rick, Ann, Carolyn, Murray, Wayne.
- Pray for our family & friends: Erin.
- Pray for the homebound: Shirley Murray, Harry MacDonald, Juliet Cavadias, Barbara Lemmon.



This Week @ Living Waters

Tuesday, September 30, 2019

7:00 PM - Young Adult Women's Group @ the Joudry's

Wednesday, October 2, 2019

7:00 PM - Mixed Life Group @ the Donevan's

7:00 PM - Young Adult Men's Group @ the Doering's

Thursday, October 3, 2019

7:00 PM - Sacred Pathways Book Study @ the Doering's

Friday, October 4, 2019

7:00 AM - Men's Life Group & KHOP

10:00 AM - *From Dust to Glory* Study @ KHOP

12:00 PM - Soup & Spirituality @ KHOP

Saturday, October 5, 2019

10:00 AM - Portsmouth Village Prayer Walk @ the Senior's Centre

7:00 PM - Youth Games Night @ the Doering's



PRECY ELGINCOLIN IN THE PHILIPPINES

Precy is the Filipina National Bible Translator working with the Wycliffe Bible Translators in the Philippines. He also ministers to, and mentors, youth and young adults. Praise for near completion of the Jesus Movie in the Tina Sambla language, and for three godly young women who are graduating from college and who Precy is mentoring. Pray for God's continued blessing on this very important ministry--that the Gospel would reach all the people in the Philippines; and that Jesus would be known, worshipped, and obeyed.

ANNOUNCEMENTS



Living Waters Community Sharing

For the month of September, we will be collecting **TRAVEL TOILETRIES** to distribute to those in need through various organizations in Kingston. Please bring new or "gently used" items: soap, shampoo, deodorant, tooth brushes, and toothpaste, etc. to church and place them in the basket at the Welcome Table. For more information, speak to the Rector.



Portsmouth Village Prayer Walk

When we think about prayer, we often think of being still—standing, kneeling, sitting, or even lying down—while we connect with God. However, being still is not the only way we can pray! Prayer walking has been a part of our Christian heritage for centuries—and has taken the form of medieval pilgrimage to holy sites; walking the stations of the cross; and "beating the bounds," where British churches walked the parish boundaries and claimed the space for God. Similarly, when we prayer walk, we are claiming our cities, communities, and neighbourhoods for Christ.

As a form of intercessory prayer, prayer walking invites people to walk to a particular site of concern and saturate that place and people with prayer. Prayer walking helps us to see our neighbourhood as Christ sees it, and can give us insight into the spiritual climate, which can have a powerful effect on our mission and ministry strategies. As we walk and pray, it's important that we ask ourselves; "Where is God moving in this place? What are the specific challenges in this area? What words of hope can I speak here? What wrongs need to be righted? What hurts need to be healed? What might God be calling *Living Waters* to do in this place?"

Join us **this Saturday, October 5** from **10:00 AM - Noon** (we will meet in the Senior Centre parking lot), as we walk the streets of Portsmouth Village and commit the people and places in our immediate neighbourhood to prayer.