*Ministry Team* The Rev. Christopher R. Doering Lead Pastor & Rector (613-453-9140) crd3@live.ca

The Rev. Canon Roy Vopni Honorary Assistant (613-549-6089) royferne1@gmail.com

The Rev. Manasse Maniragaba Associate Priest (613-453-1436) manigaba21@gmail.com

Kathy Doering, Associate Pastor (613-876-4843) kathydoering21@gmail.com

Parish Council Executive Yolande Chan, Rector's Warden (613-545-3528) Ross Underhill, People's Warden (613-549-2908) John Telgmann, Treasurer (613-531-5156) Kathleen Young, Vestry Clerk (613-893-0753)

Parish Council Barbara Almonor (613-331-2740) Judy Donevan (613-384-6494) M.J. Dove (613-389-2182) Ann Edwards (613-766-4520) Jerry Zabel (613-389-1323) vacant

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## THE BACK PAGE

### **Claiming God's Promises**

"If it is possible, so far as it depends on you, live peaceably with all."

(Romans 12:18)

### A Word of Encouragement

"The springs of human conflict cannot be eradicated through institutions, but only through the reform of the individual human heart."

~Douglas MacArthur





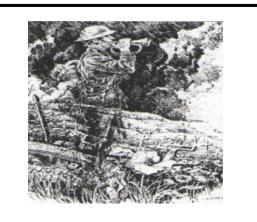




## Remembrance Sunday Sunday, November 10, 2019 10:00 AM







### PREACHER: THE REV. CANON ROY VOPNI <u>READING</u> JOHN 14:25-31

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"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water."" (John 7:37-38)

### Collect of the Day

O King and Judge of the nations: We remember before you with grateful hearts the men and women of our armed forces, who in the day of decision ventured much for the liberties we now enjoy: Grant that we may not rest until all the people of this land share the benefits of true freedom and gladly accept its disciplines; through Jesus Christ our Lord, who with you and the Holy Spirit, lives and reigns, now and for ever. Amen

### Ministering @ Living Waters Today

Greeters: Barbara Almonor & Gail Sulpher Reader: The Tucker family Prayers of the People: N/A Chalice Bearers: Kaedea Takami & John Telgmann Computer: Ron Bettney Prayer Team: Yolande Chan & Wayne Catel Little Squirts (birth-3): Katie Dove Puddle Jumpers (4-5): Holly WhiteKnight & Josh Dove Wave Riders (5-gr.6): Kathy Doering Fellowship: Shirley Underhill Counters: Yolande Chan & Scott Young Set Up: Kyle & Adriane Joudry



\*\*\* ☆ Children & Youth Ministry ☆  $\frac{1}{2}$ ☆ All children from infant to grade 8 are encouraged to participate in our ☆ Sunday morning Children's program which is using the "God's Big Story" ☆ curriculum. The Little Squirts (birth-3), Puddle Jumpers (4-5), Wave ☆ **Riders** (5-gr.6) and their leaders are dismissed after the reading and return at Communion. Teens will spend two Sundays in church and two Sundays helping with the children's program. For more information about  $\frac{1}{2}$ children and youth ministry at LWAF, or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth. ☆  $\checkmark$ ☆ and leaders in your daily prayers.  $\checkmark$ 

# ANNOUNCEMENTS



### Our Core Values

We value many things at *Living Waters*; however, there are some things that are particularly important to us-we call them our **Core Values**. These core values are **guiding principles** that **dictate** our behaviour and actions; they **reflect** the kind of congregational **culture** that we value, the **spirit** in which we do things, and the

way we **relate** to one another. They also act as **sign posts** as we move forward together. This week we focus on:

### ANGLICANISM

Anglicanism is both ancient and reformed, and embraces the three streams of historic Christianity: Evangelical, Anglo-Catholic, and Charismatic. We value the earliest teachings of the Church consistent with Scripture, as expressed in the historic creeds. We also value the Protestant Reformation of the Church, when the Reformers sought to recover the clarity of the Gospel. As Anglicans, our lives are shaped by the Bible, the sacraments of Baptism and the Lord's Supper, and the tradition of Common Prayer. In our worship life, we seek to embrace the best of the historic teaching and traditions of the Church while welcoming fresh expressions of the Holy Spirit in our midst.



# ANNOUNCEMENTS



As followers of Jesus, we are called to be a community of prayer. If you, or anyone you know, desires prayer for any reason and would like it shared with our Prayer Chain, please contact Shirley Underhill at:

### shirleymunderhill@gmail.com or 613-888-1198

and she will pass it along to the rest of our prayer chain. All prayer requests will be kept strictly confidential and will not be shared with anyone else without your permission. Please feel free to ask for prayers of thanksgiving or discernment as well! For more information, speak to Shirley or the Rector.



### Sacred Pathways Book Study

**"Thou shalt not covet thy neighbour's spiritual walk."** Are you envious of the way some people seem to walk closely with God, effortlessly spend hours in contemplative prayer? Maybe you're that way, but others are far better at showing God's love in practical ways or courageously standing up for

God's Kingdom. Why can't you be more like them? The answer is simple: you weren't designed to be!

In his book, *Sacred Pathways*, Gary Thomas strips away the frustration of a one-size-fits-all-spirituality and guides you toward a path of worship that frees you to be you. We all relate to God differently, and if our prayer life hits a snag, perhaps it's because we're trying to follow someone else's path. This book explodes the barriers that keep Christians locked into rigid methods of worship and praise, and describes 9 distinct spiritual temperaments: **Naturalists, Sensates, Traditionalists, Ascetics, Activists, Caregivers, Enthusiasts, Contemplatives**, and **Intellectuals**– their characteristics, strengths and pitfalls. Illustrated with examples from the Bible, each path describes an approach to loving God through a distinct journey of adoration.

This Thursday, we will be looking at the Intellectual path.



### For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

**The World:** Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

• For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, and parts of Africa.
- For our Province (ACNA) and Primate, Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); Missionary Bishop, Andy Lines (& Mandy); retired Bishops: Don Harvey, Malcolm Harding, and Ron Ferris.
- Pray for our Diocesan Synod meeting in Ottawa November 6-8.
- For ANiC congregations in Greater Toronto & Eastern Ontario: for St. Stephen Anglican Fellowship, Napanee; the Rev. David Smith; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of Carl & Jennifer Walcott, Warren & Holly WhiteKnight, Scott & Kathleen Young, Jerry Zabel & Narjis Philipps, Karen Zabel & Brett Christopher.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for Anglican Relief & Development Fund Canada.
- **Province, and City:** Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.

The Sick and Suffering: Pray for all those who cry out for healing in body mind or spirit.

- Pray for those in our parish: Barbara, Rick, Ann, Carolyn, Murray, Roy, Wayne.
- Pray for our family & friends:
- Pray for the homebound: Shirley Murray, Harry MacDonald, Juliet Cavadias, Marion Sullivan, Barbara Lemmon.



#### This Week @ Living Waters

**Tuesday, November 12, 2019** 7:00 PM - Young Adult Women's Group @ the Joudry's 7:00 PM - Mixed Life Group @ The Dove's

Wednesday, November 13, 2019 7:00 PM - Mixed Life Group @ the Donevan's 7:00 PM - Young Adult Men's group @ The Doering's

**Thursday, November 14, 2019** 7:00 PM - Sacred Pathways Book Study

**Friday, November 15, 2019** 7:00 AM - Men's Life Group & KHOP 10:00 AM - From Dust to Glory Bible Study @ KHOP 12:00 PM - Soup & Spirituality @ KHOP



### ANGLICAN RELIEF & DEVELOPMENT FUND

The ARDFC undertakes carefully selected and monitored relief and development projects with partner organizations. A current project is the Giza Vocational Training centre in Egypt, which seeks ot help young people gain vocational training to acquire skills and experience that will help them find employment and earn an income for themselves and their families. Associated with the the Anglican Church of North America and the GAF-CON Primates, the work of the ARDFC is overseen by a board, chaired by our Diocesan Bishop, the Rt. Rev. Charlie Masters.

## ANNOUNCEMENTS

### Living Waters Community Sharing

This month is "Socktober," and so we will be collecting **WARM SOCKS** to distribute to those in need through **Socks Kingston**. Please bring new socks and place them in the basket at the Welcome Table. For more information, speak to the Rector.





#### Operation Christmas Chid Shoe Boxes

Operation Christmas Child provides an opportunity for people of all ages to be involved in a simple, hands-on project sponsored by Samaritan's Purse that focuses on the true meaning of Christmas--Jesus Christ--God's greatest gift. Every item lovingly added to an Operation Christmas Child shoe box gift has the potential to impact a child. This year, our boxes will be going to countries in warm climates. Shoe boxes must be returned by **NEXT Sunday**, **November 17**, so they can be sent to the distribution centre on time to be delivered for Christmas. Boxes are available at the Welcome Table. For more information, please speak to the Rector.