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Claiming God's Promises

"You have not seen him, yet you love him; and still without seeing him you believe in him and so are already filled with a joy so glorious that it can not be described; and you are sure of the goal of your faith, that is, the salvation of your souls."

(1 Peter 1:8-9)

A Word of Encouragement

"My goal is God himself, not joy nor peace, nor even blessing, but himself, my God. 'Tis his to lead me there, not mine, but his. At any cost, dear Lord, by any road!"

~E. Brook



ANGLICAN CHURCH
IN NORTH AMERICA



Anglican Network
in Canada



The 4th Sunday after Epiphany
Sunday, February 2, 2020
10:00 AM



"GODLY GOALS"

READING
PHILIPPIANS 4:3-16

"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water.'"
(John 7:37-38)

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Collect of the Day

O God, you know that we are set in the midst of many grave dangers, and because of the frailty of our nature we cannot always stand upright: Grant that your strength and protection may support us in all dangers and carry us through every temptation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

Ministering @ Living Waters Today

Greeters: Gail Sulpher & Yolande Chan
Reader: Jennifer Shoniker
Prayers of the People: John Telgmann
Chalice Bearers: Wayne Catel & Yolande Chan
A/V: Barb Lutz
Prayer Team: Margo Hygde & Shirley Underhill
Little Squirts (birth-3): Katie Dove
Puddle Jumpers (4-5): Holly WhiteKnight
Wave Riders (5-gr.6): Gracie Doering & Annie Doering
Fellowship: Barb Lutz & Margo Hyde
Counters: Barb Lutz & Scott Young
Set Up: Ross & Shirley Underhill



Living Waters Community Sharing

Thank you to everyone who brought in warm socks during the month of November, filled Operation Christmas Child shoes boxes, or participated in the Toy drive in December. For the month of **January**, we will be collecting **HATS, MITTS, GLOVES, & SCARVES** for men, women and children. Please bring **new** items to church and place them in the basket at the Welcome Table. For more information, speak to the Rector.



Pray up the Space

We are so thankful to have use of the Seniors Centre! We want to consecrate the space to God each week, and set it apart for God's purposes. We welcome any *early arrivers* on Sunday mornings at **9:30 AM** to **PRAY UP A STORM** for our worship space.



Children & Youth Ministry

All children from infant to grade 8 are encouraged to participate in our Sunday morning Children's program which is using the "God's Big Story" curriculum. **The Little Squirts (birth-3), Puddle Jumpers (4-5), Wave Riders (5-gr.6) and their leaders are dismissed after the reading and return at Communion. Teens will spend two Sundays in church and two Sundays helping with the children's program. For more information about children and youth ministry at LWAF, or how to serve in this important ministry area, speak to Kathy Doering. Please keep our children, youth, and leaders in your daily prayers.**

Soup & Spirituality

Our Soup & Spirituality group, which ministers to clients of Frontenac Community Mental Health Services, resumes Friday, January 24. If you are able to make a pot of homemade soup, chilli, or stew for 12 people, please add your name to the sign up sheet at the Welcome Table. Thank you to everyone who provided wonderful tasting soups this past fall. This is a very important outreach into the Kingston community and your support is very much appreciated. For more information about Soup & Spirituality, please speak to the Rector.



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Life Groups at Living Waters

Small groups were an integral part of the Early Church's structure. The Book of Acts tells us that when the church was first established there were no buildings--people met in the temple and synagogues for their corporate gatherings on the Lord's Day and in homes throughout the week. These groups were small enough to allow individual members to minister to one another, discover and use their spiritual gifts, and be disciplined in the teachings of Jesus.

Life Groups at *Living Waters* are small groups that provide an opportunity for connection, community, and spiritual transformation. There is a place for everyone--from the first steps of finding out more about faith to the deeper questions of life. There are no prerequisites and everyone is welcome and encouraged to join a group. Currently there are 9 Life Groups meeting at Living Waters and more will be starting in the coming months.

- Mixed Group ~ Tuesday Night** ~ Steve & M.J. Dove
- Young Adult Women ~ Tuesday Night** ~ Adriane Joudry
- Young Adult Men ~ Wednesday Night** ~ Kyle Joudry
- Mixed Group ~ Wednesday Night** ~ David & Judy Donevan
- Men's Bible Study ~ Friday Morning** ~ Ross Underhill
- Mixed Group ~ Friday Morning** ~ The Rector
- Mixed Life group - 1 Saturday afternoon/month** ~ Anke Carrington

If you are interested in joining a group please get a brochure at the Welcome Table or speak to the Rector. Getting involved in a Life Group may be one of the most important things you do in 2020!

2019 Tax Receipts

Tax receipts for all 2019 charitable givings are available at the Welcome Table. If your receipt is not there, or if there are any discrepancies, please speak to Ron Bettney, our Envelope Secretary. Thank you for your faithful and generous support of the work and ministry of Living Waters! **To God be the Glory!**



For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

The World: Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.
- Pray for all those affected by the Wuhan Coronavirus; and for those treating them.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, Columbia, and parts of Africa.
- For our Province (ACNA) and Primate, Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); Missionary Bishop, Andy Lines (& Mandy); retired Bishops: Don Harvey, Malcolm Harding, and Ron Ferris.
- For ANiC congregations in **Quebec**: Emmaus Church, Montreal; for the Rev. Trevor Potter; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of Barbara Almonor & Katherine Knight, Ron & Pauline Bettney, Earle Briard, Elaine Brunke, Joe & Eve Buckley.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for AGAPE Fellowship.
- **Province, and City:** Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.

The Sick and Suffering: Pray for all those who cry out for healing in body mind or spirit.

- Pray for those in our parish: Rick, Ann, Carolyn, Murray, Roy, Wayne.
- Pray for our family & friends: Carol, Diane, Bev, Philip, Mike, Bill, Audra, Peter.
- Pray for the homebound: Shirley Murray, Harry MacDonald, Juliet Cavadias, Marion Sullivan, Barbara Lemmon.



This Week @ Living Waters

Tuesday, February 4, 2020

7:00 PM - Young Adult Women's Huddle @ the Joudry's

7:00 PM - Mixed Life Group @ the Dove's

Wednesday, February 5, 2020

7:00 PM - Mixed Life Group @ the Donevan's

7:00 PM - Young Adult Men's Huddle @ the Doering's

Friday, February 7, 2020

7:00 AM - Men's Life Group @ KHOP

10:00 AM - "From Dust to Glory" Bible Study @ KHOP

11:30 AM - Soup & Spirituality @ KHOP

Saturday, February 8, 2020

2:00 PM - Mixed Life Group @ the Carrington's



AGAPE FELLOWSHIP

Mimi Kashira and her husband Paul Hawes, under the auspice of First Baptist Church, open their lives and home to international and Canadian students for food, fellowship and Bible Study. Friday's gathering is well attended and mid-week there are several men's and woman's small group meetings. *Living Waters* supports Agape financially via the Missions Committee budget, and a few members volunteer providing food and leading Bible studies. Mimi also does teaching and aid work in the Goma region of her native home in Eastern Congo. For More information, speak to John Telgmann.

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Annual Vestry Meeting 2020

Notice is hereby given that our **Annual Vestry Meeting** will be held after church (and lunch) on **Sunday, February 23, 2020**. Financial documents and reports will be available in the coming weeks. All members are welcome and encouraged to attend; however, only voting members are entitled to vote. If you are not a voting member and would like information on how to become one, please speak to Kathleen Young.

If you can help provide food for the luncheon, please add your name to the sign up list at the Welcome Table. When preparing or purchasing food, please remember that there are members of our community with peanut and tree nut allergies.

2021 Living Waters Israel Tour



Do you want to see the places that you've read about in the Bible?

Do you long to see Israel and experience Middle Eastern culture at its best?

Do you want to walk in the footsteps of Jesus and His disciples?

Do you want to sing and worship your way through the Holy Land?

Do you want to experience God in a fresh new way and have your faith enlivened?

If so, 2021 may be your year! Chris and Kathy Doering will be hosting their 2nd 10 day tour of Israel **May 25- June 3, 2021**. Brochures outlining the tour are available at the Welcome Table.

Maybe God is opening a door for you to ***Experience the Holy Land!*** **If so, start saving your shekels--the price is cheaper than it was in 2019!**