Faith Explored: Adult Sunday School Lenten Session
"The Passion of Jesus According to the Shroud of Turin"



Sunday, March 8, 2020 9:00 AM - 10:00 AM

The Shroud of Turin is an ancient 14-foot long linen cloth believed by many to be the actual burial garment of Jesus Christ. Mysteriously imprinted on

this cloth is the full-length, front and back image of a man with blood stains corresponding to the wounds suffered by our Lord during His scourging and crucifixion. Could this really be the cloth wrapped around Christ's body at His burial? This is the big question that has accompanied the mysterious history of this linen. The evidence of history and science suggests that it could be.

Major (ret) Patrick Lublink, who has had a lifelong interest in this religious artefact and has earned a Postgraduate Certificate in Shroud Studies, will share the story of the passion of

Jesus according to the Shroud of Turin in light of the gospels.





Palm Cross Folding
Saturday, April 4, 2020
10:00 AM - 11:30 AM
Kingston House of Prayer ~ 447 Division St.

The cross of Jesus is the centre of our faith—in it all the promises of God find their fulfilment and by it, we are given eternal life. Every year, palm crosses are distributed on Palm Sunday as a reminder of what was accomplished for us through Jesus' death on the cross. Join us as we fold our own crosses from palm fronds. This can be a very spiritual experience, as we reflect on Jesus' journey to Jerusalem and His sacrificial death on our behalf. **Refreshments will be provided.**

"Practicing the Spiritual Disciplines" Lenten Sermon Series

"Discipline yourself for the purpose of godliness."
(1 Timothy 4:7)

Lent is traditionally a time of spiritual renewal—a time when we intentionally prepare to celebrate the death and resurrection of Jesus. Lent also provides us with an opportunity to reflect on our own life and faith—to examine our sin in light of God's holiness; our lives in light of God's love; and our merit in light of God's mercy. All this happens through a spiritual discipline of intentional reading of Scripture, study, and prayer; through fasting, almsgiving, and reaching out to those in need. These spiritual disciplines, faithfully practiced under the guidance of the Holy Spirit, can open the door to spiritual growth, maturity of faith, and transformation—drawing us closer to God and deeper into His love.

The classical disciplines of the spiritual life call us to move beyond surface living into the depths of the heart, and to explore the inner caverns of the spiritual realm. We shouldn't think that these disciplines are only for the "spiritual giants" of the faith, and beyond the reach of "ordinary" believers. God intends them to be practiced by all those who put their trust in Him-by people who have jobs, who are retired, who care for children, and who go to school. In fact, the spiritual disciplines are best exercised in the midst of our everyday lives and relationships.

This 6-week series we look at some of the classical disciplines of the spiritual life, why they are important, and how they can help us grow in godliness; and offer practical suggestions on on how to cultivate them on a long-term basis and practice them in our everyday lives.

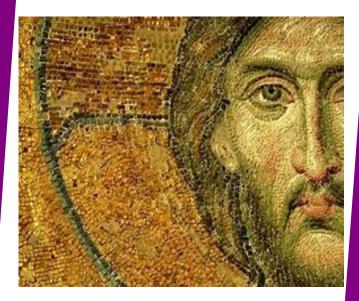
Sermons Include:

- An Introduction to the Spiritual Disciplines
- Biblical study
- Prayer
- Fasting
- Worship



LIVING WATERS ANGLICAN FELLOWSHIP

From Suffering to Salvation
An Invitation to Lent 2020



A Prayer for Lent

Teach us, O God, to use this season of Lent that we may be drawn closer to our Lord; and in fellowship with Him, may learn to hate sin, to overcome temptation, and to grow in holiness; that our lives may be strengthened for your service and used for your glory. As we celebrate the resurrection of Jesus, may your Holy Spirit, bring us from suffering to salvation. We ask this in the name of Jesus Christ our Lord. Amen.

"Return to the Lord, you God, for he is gracious and merciful, slow to anger and abounding in steadfast love, and relents from punishing."

(Joel 2:13)

Lent is a season in the Christian calendar that invites us to draw closer to the Lord, to know Him more intimately, and to grow in our faith and spirituality. It is a season to set our priorities straight and to:

- focus on our life, to find where we stand in relation to God and examine what kind of person God would have us be. (Ps 139:23-24)
- evaluate our thought life, moral life, relationship with God and others, faithfulness in fulfilling the promises we make before God, and our hunger for the things of God. (Ps 119:59-60)
- spend time confessing sins and strengthening our walk with God. (Ps32:3,5)
- seek God, to find fresh strength, renew our lives, and make some serious decisions in our pursuit of a life of holiness. (Ps 42:1-2)

At the beginning of the Lenten season, we are faced with the unavoidable reality that we are sinners. We don't deserve redemption, nor can we earn it. Somewhere in the depths of our hearts, we know this. As we read in in Psalm 51:5; "Indeed, I have been wicked from my birth, a sinner from my mother's womb."

Faced with this reality, we have two choices. We can either retreat into the delusion that I can make it on my own, that I can sustain myself apart from God, that if I ignore my reality, maybe it will go away. Or I can turn to God's mercy and let myself be healed. In this season of grace, I can choose to let Christ transform my heart and life. I can dare to believe that I can be more than I ever expected of myself.

May we draw ever closer to Jesus this Lent as we move from suffering to salvation. And may we proclaim His resurrection with renewed boldness, power, and joy!

"Jesus Christ, Son of the Living God, have mercy on me, a sinner.

Amen."

Ash Wednesday



"Remember you are dust, and to dust you shall return"

Ash Wednesday marks the beginning of the Lenten season—a season that begins with dust and ashes—an ancient tradition, symbolizing our humility before God. The Ash Wednesday liturgy calls us to see ourselves as we truly are; to reflect on our attitudes, actions, and priorities; and to return to God through penitence and prayer. Ash Wednesday is the beginning of a 40 day journey—a journey from brokenness to restoration; from darkness to light; from fear to love; from mourning to celebration; and from ashes to joy.

Ash Wednesday Worship

Wednesday, February 26, 2020 @ 7:00 PM Kingston Senior's Association ~ Simcoe Room

Loonies For Lent



Almsgiving is a common practice during Lent.

Moved by the sacrifice of Jesus, many Christians

respond to the needs of others by intentionally giving their time, talent, and treasurers to others, as an act of generosity and sacrifice.

Film canisters are available at the Welcome Table—please take them home and fill them with your loonies (or toonies!) and return them Easter Sunday. All donations will go to support the **Grace Fund**, which is used at the Rector's discretion to help people inside and outside the parish who are in financial need.



The Prodigal God: Finding Your Place at the Table DVD Study

Thursday evenings in Lent, beginning
Thursday, February 27, 2020
7:00 PM - 8:30 PM
The Doering's House ~ 726 Chatsworth Place

"Two sons--one who kept the rules religiously and one who broke them all--and a father who loved them both."

Two thousand years ago, Jesus told a simple story about a father and his two sons. This tale stands out because it is a story about each of our struggles with sin. Whether we identify with rebellion of the younger son or the self-righteousness of the older brother, we are all in need of our heavenly Father's grace, mercy, and forgiveness.

In six captivating sessions, pastor and New York Times best selling author, Timothy Keller, opens our eyes to the powerful message of Jesus' best-known—and least understood—parable.

Traditional readings of the parable of the Prodigal Son have focused on the younger son and his reconciliation with his father. We learn from such readings that God is willing to receive all those who wander from Him. Yet too often we overlook the third character—the older brother. Were the story only about the father and the younger son we would expect that the Pharisees, among those who first heard Jesus tell this parable, would react with joy. Yet we know from Scripture that they walked away in disgust and disbelief. Why? Because the parable pointed to *them* as examples of the older son. As Keller says, Jesus' purpose in this parable "was not to warm our hearts, but to shatter our categories."

The gospel is neither religion nor irreligious, but something else entirely. Whether you're a devout believer or a skeptic, *The Prodigal God* will challenge you too see Christianity in a whole new way.