### Ministry Team

Canon Christopher R. Doering Rector & Lead Pastor (613-453-9140) crd3@live.ca

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Kathy Doering, Associate Pastor (613-876-4843) kathydoering21@gmail.com

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### Parish Council Executive

Yolande Chan, Rector's Warden (613-483-6250) Ross Underhill, People's Warden (613-549-2908) John Telgmann, Treasurer (613-531-5156) Kathleen Young, Vestry Clerk (613-893-0753)

### Parish Council

Barbara Almonor (613-331-2740) Judy Donevan (613-384-6494) Ann Edwards (613-766-4520) Scott Young (613-893-0753) Jerry Zabel (613-389-1323)

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## THE BACK PAGE

## **Claiming God's Promises**

"Man shall not live by bread alone, but by every word that comes from the mouth of God." (Matthew 4:4)

## A Word of Encouragement

"Surely we only have to be realistic and honest with ourselves to know how regularly we need to turn to the Bible. How often do we face problems, temptations, and pressures? Every day! Then how often do we need instruction, guidance, and encouragement? Every day! To catch all of these felt needs up into an even greater issue, how often do we need see God's face, hear his voice, feel his touch, know his power? The answer to all these questions is the same: every day!"

~ John Blanchard



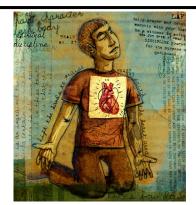






The 2nd Sunday in Lent Sunday, February 28, 2021





"PRACTICING THE SPIRITUAL DISCIPLINES ~ BIBLE INTAKE"

> READING PSALM 119:1-24

"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water." (John 7:37-38)

## Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities that may happen to the body, and from all evil thoughts that may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

### Ministering @ Living Waters Today

**Set up:** Ross Underhill

**Screening Stage 1:** Simon Teague Screening Stage 2: Rachel Teague

**Screening Stage 3:** Yolande Chan & Ben Wheaton

**Reader:** Annie Edwards

**Prayers of the People:** Tucker Carrington

**Communion:** Gail Sulpher **Tech:** Ross Underhill **Counter:** Ron Bettney





### THE FRIENDS OF KOURA

Friends of Koura in partnership with the church operate 2 faith-based health centres in S.E. Mali and support for theological education, for 8 new church plants, other community projects. Give thanks for a successful first year of operating a 2<sup>nd</sup> health centre and current construction of a 2<sup>nd</sup> building – a maternity ward. We pray for the provision of funds for solar electrical installation and medical equipment. Pray for the protection from persecution and continued growth new churches and for stamina and health of church leaders and Bible translators Messieurs Mama and Karim Djilla.

# ANNOUNCEMENTS

# N.T. WRIGHT SIMPLY **JESUS**

## Simply Jesus ZOOM DVD/Book Study

Tuesday evenings in Lent, beginning 7:00 PM - 8:30 PM

We have grown used to the battles over Jesus--whether He was human or divine, whether He could do miracles or just inspire them, whether He even existed. Much of the Church defends tradition, while critics take shots at the institution and its beliefs. But what if these debates have masked the real story of Jesus? What if even Jesus' defenders have been so blinded by their focus on defending the church's traditions that they have failed to grapple with what the New Testament really teaches?

New Testament Scholar and former Bishop of Durham, N. T. Wright, summarizes 200 years of modern Biblical scholarship and models how Christians can best retell the story of Jesus today. In a style similar to C. S. Lewis, Wright breaks down barriers that prevent Christians from fully engaging with the story of Jesus. For believers confronting the challenge of connecting with their faith today, Wright's Simply Jesus offers a provocative new picture of how to understand who lesus was and how Christians should relate to Him today.

Participants will view each session together on Zoom and then discuss. If you wish to purchase the companion book, it is available on Amazon. The church has six copies for sale--first come first served! For more information, speak to Simon Teague.

## Zoom Evening Prayer

## Thursday Evenings in Lent 7:00 PM

"May my prayer be counted as incense before you; the lifting up of my hands as the evening sacrifice."

(Psalm 141:2)



### Is there something about today's sermon that I need to:

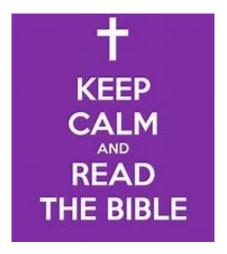
- Admit
- Believe
- Change
- Demonstrate
- Share
- Pray about
- Research further

# ANNOUNCEMENTS



### **Lenten Resources**

Lenten resources for adults, children, and families are available at the Welcome Table. Please help yourself to the devotionals and use them to help you draw closer to God over these next 40 days.



### **Loonies For Lent**

Almsgiving is a common practice during Lent. Moved by the sacrifice of Jesus, many Christians respond to the needs of others by intentionally giving their time, talent, and treasurers to others, as an act of generosity and sacrifice.

Film canisters are available at the Welcome Table-please take them home and fill them with your loonies (or toonies!) and return them

Easter Sunday. All donations will go to support the **Grace Fund**, which is used at the Rector's discretion to help people inside and outside the parish who are in financial need.



## For Your Prayers



Please hold the following people, places, and petitions in your prayers this week.

The World: Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.
- Pray that COVID-19 vaccines are effective and accessible to all people.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, Columbia, and parts of Africa.
- For our Province (ACNA) and Primate, Archbishop Foley Beach (& Allison).
- For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); retired Bishops: Don Harvey, Malcolm Harding, and Ron Ferris.
- Pray for the election of a new Diocesan (CO-Adjutor) Bishop at Synod in November 2021.
- For ANiC congregations in the **Vancouver area**: for the Church of the Good Shepherd, Vancouver; Bishop Stephen Leung; and for all who work and worship in that parish.
- For our brothers and sisters in Christ ministering with us in Kingston.
- For our parish & the families of Don Doering, David & Judy Donevan, Steve & MJ Dove, Tony Downs, Annie Edwards.
- For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for the Friends of Koura.
- Province, and City: Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.
- Pray for our new Governor General to be appointed by the Queen. **The Sick and Suffering:** Pray for all those who cry out for healing in body mind or spirit.
- Pray for those in our parish: Annie, Carolyn, Murray, Barbara, Earle, Gill.
- Pray for our family & friends: Kirsten, Diane, Bev, Philip, Bev, Mike, Evelyn.
- Pray for the homebound: Juliet Cavadias, Barbara Lemmon, Joe Fern, Katherine Knight.