

Ministry Team

Canon Christopher R. Doering
Rector & Lead Pastor
(613-453-9140)
crd3@live.ca

The Rev. Manasse Maniragaba
Associate Priest
(613-453-1436)
manigaba21@gmail.com

Kathy Doering, Associate Pastor
(613-876-4843)
kathydoering21@gmail.com

Simon Teague, Intern
(250-588-9993)
Simon.p.teague@gmail.com

Parish Council Executive
Yolande Chan, Rector's Warden
(613-483-6250)
Ross Underhill, People's Warden
(613-549-2908)
John Telgmann, Treasurer
(613-531-5156)
Kathleen Young, Vestry Clerk
(613-893-0753)

Parish Council
Judy Donevan (613-384-6494)
M.J. Dove (613-331-3876)
Simon Teague (250-588-9993)
Scott Young (613-893-0753)
Jerry Zabel (613-389-1323)

Living Waters
Anglican Fellowship
c/o 726 Chatsworth Place
Kingston, ON K7P 2E2
613-453-9140

livingwaterskingston@gmail.com
www.livingwaterskingston.com

THE BACK PAGE

Claiming God's Promises

"But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you."

(Matthew 6:17)

A Word of Encouragement

"Your hunger will serve as a call to prayer. It will remind you of your physical life, but your abstinence in the name of God will declare your avowed belief in the supremacy of the spiritual over the physical."

~ Anonymous



ANGLICAN CHURCH
IN NORTH AMERICA



Anglican Network
in Canada



The 5th Sunday in Lent
Sunday, March 21, 2021

10:00 AM



"PRACTICING THE SPIRITUAL DISCIPLINES ~
FASTING"

READING
MATTHEW 6:1-18

"Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, 'Out of the believer's heart shall flow rivers of living water.'"
(John 7:37-38)

Collect of the Day

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of this world, our hearts may be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.
Amen.

Ministering @ Living Waters Today

Set up: Kyle & Adriane Joudry

Screening Stage 1: Adriane Joudry

Screening Stage 2: Yolande Chan

Screening Stage 3: Gail Sulpher & Kyle Joudry

Reader: Annie Edwards

Prayers of the People: Simon Teague

Communion: Gail Sulpher

Tech: Ron Bettney

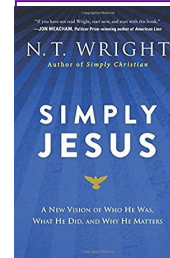
Counter: Ron Bettney



CHRISTIAN EMBASSY

The Christian Embassy continues to focus on inspiring Canada's political leaders with the person and values of Jesus. Apart from sharing the Gospel message as often as possible, the CE seeks to equip and encourage Christian leaders to be Ambassadors for Christ in the political arena; and network with MP's, diplomats, and local business persons. Please pray for our leaders to have ears to hear the truth and Christian leaders to have the wisdom and courage to speak up and stand firm in their faith; and for Executive Director, Darlene McLean. For more information, speak to John Telgmann.

ANNOUNCEMENTS



Simply Jesus ZOOM DVD/Book Study

Tuesday evenings in Lent
7:00 PM - 8:30 PM

We have grown used to the battles over Jesus--whether He was human or divine, whether He could do miracles or just inspire them, whether He even existed. Much of the Church defends tradition, while critics take shots at the institution and its beliefs. But what if these debates have masked the real story of Jesus? What if even Jesus' defenders have been so blinded by their focus on defending the church's traditions that they have failed to grapple with what the New Testament really teaches?

New Testament Scholar and former Bishop of Durham, N. T. Wright, summarizes 200 years of modern Biblical scholarship and models how Christians can best retell the story of Jesus today. In a style similar to C. S. Lewis, Wright breaks down barriers that prevent Christians from fully engaging with the story of Jesus. For believers confronting the challenge of connecting with their faith today, Wright's *Simply Jesus* offers a provocative new picture of how to understand who Jesus was and how Christians should relate to Him today.

Participants will view each session together on Zoom and then discuss. If you wish to purchase the companion book, it is available on Amazon. The church has six copies for sale--first come first served! For more information, speak to Simon Teague.

Zoom Evening Prayer

Thursday Evenings in Lent
@
7:00 PM

"May my prayer be counted as incense before you; the lifting up of my hands as the evening sacrifice."
(Psalm 141:2)



Is there something about today's sermon that I need to:

- Admit
- Believe
- Change
- Confess
- Demonstrate
- Share
- Pray about

ANNOUNCEMENTS



Loonies For Lent

Almsgiving is a common practice during Lent. Moved by the sacrifice of Jesus, many Christians respond to the needs of others by intentionally giving their time, talent, and treasures to others, as an act of generosity and sacrifice.

Film canisters are available at the Welcome Table—please take them home and fill them with your loonies (or toonies!) and return them Easter Sunday. All donations will go to support the **Grace Fund**, which is used at the Rector's discretion to help people inside and outside the parish who are in financial need.



For Your Prayers

Please hold the following people, places, and petitions in your prayers this week.

The World: Pray for an end to all violence and unrest; for countries in conflict and for the people who live in them--that the whole world would know the peace, justice, and freedom of God.

- For the vulnerable: for women, children, those in slavery, refugees, prisoners, and captives.
- Pray that COVID-19 vaccines are effective and accessible to all people.

The Church: Pray for Christians throughout the world as they seek to proclaim the gospel--that Jesus would be known, worshipped, and obeyed.

- For the persecuted church: for Christians in the Middle East, Pakistan, China, Columbia, and parts of Africa.
 - For our Province (ACNA) and Primate, Archbishop Foley Beach (& Allison).
 - For our Diocese: for our Diocesan Bishop Charlie Masters (& Judy); Suffragan Bishops: Stephen Leung (& Nona), Trevor Walters (& Dede); retired Bishops: Don Harvey, Malcolm Harding, and Ron Ferris.
 - Pray for the election of a new Diocesan (CO-Adjutor) Bishop at Synod in November 2021.
 - For ANiC congregations on **Vancouver Island & Sunshine Coast**: for Open Gate Church, Victoria; for the Rev. Andrew Hewlett; and for all who work and worship in that parish.
 - For our brothers and sisters in Christ ministering with us in Kingston.
 - For our parish & the families of Devon & Allison Lessey-Searles, Greg Luchuk, Barb Lutz, Manasse Maniragaba & Rosine Twigirimana, John McEachern & Beth Insley,
 - For missionaries at home and abroad--for their safety and protection, as they spread the good news. Pray for the Christian Embassy in Ottawa.
 - **Province, and City:** Pray for all those in authority--that they would lead with righteousness and truth. Pray for Queen Elizabeth, Prime Minister Justin Trudeau, Premier Doug Ford, and Mayor Bryan Paterson.
 - Pray for our new Governor General to be appointed by the Queen.
- The Sick and Suffering:** Pray for all those who cry out for healing in body mind or spirit.
- Pray for those in our parish: Annie, Carolyn, Murray, Earle, Jill, Judith, Pauline.
 - Pray for our family & friends: Kirsten, Diane, Bev, Mike, Evelyn, Gail.
 - Pray for the homebound: Juliet Cavadias, Barbara Lemmon, Joe Fern, Katherine Knight.

